

# Voices of Visions

**FIRST NATION & INUIT EDITION**

Summer 2014



**Cliffs  
Collaborate  
with  
Environmental  
Organizations**

**Blue Ribbon Campaign**

**The Basis for Suicide  
Prevention**

**David Suzuki :  
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THE CREE MINERAL  
EXPLORATION  
BOARD



CONSEIL CRI SUR  
L'EXPLORATION  
MINÉRALE

### Subject: Cree Mineral Exploration Board

The Cree Mineral Exploration Board was created as a result of the signed agreement (Paix de Braves) between the Cree Nation and the Quebec Government. A five year implementation agreement was signed for funding purposes between the Cree Regional Authority, Cree Mineral Exploration Board and the Quebec Government.

The main purposes of CMEB includes amongst others the following:

- 1) assist the Crees in accessing mineral exploration opportunities;
- 2) facilitate the development of mineral exploration activities ;
- 3) Facilitate and encourage the access by the Crees and Cree Enterprises to regular Quebec program funding and other encouragements for mineral exploration activities;
- 4) Act as an entry mechanism for offers of services by Crees and Cree Enterprises in the field of mineral exploration.

Furthermore and according to the Annual Program of Activities – CMEB (2003-2004), the board promotes, initiate and support training programs, and furnish assistance to job development, placement. The CMEB provides also geological and geosciences based expertise to the communities and the individual exploration. This includes guidance to the geosciences data and environmental impacts assessment.

**If your are a Cree and are considering to submit a proposal to the CMEB please get in touch with the Chief Geologist Youcef Larbi in Wemindji at 819 978 0264 extension #327.**



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## *Collaborate with* **Environmental Organizations**

### **Monitoring of marine sediments and banks in partnership with ZIP Côte Nord du Golf and and AMIK**

In fall 2013 and spring 2014, Golder was requested by Cliffs to ensure sediment sampling in the Bay of Sept-Iles following the oil spill happened in the Bay in September 2013. To foster transparent process and communication with environmental organizations and Innu communities, AMIK and ZIP were invited to participate in the monitoring process.

### **Monitoring of the commercial marine species**

In partnership with UAPAN, the Canadian Food Inspection Agency, Canadian Fisheries and Ocean Ministry and AMIK, Cliffs has covered the costs of operating a sampling before the start of the fishing season. The Agency was able to confirm that the samples of Snow crab and whelk were free of oil. This has greatly reassured the ITUM community that own fishing communal licenses for different marine resources in the Bay of Sept-Iles. Then, consumers has been delighted to learn that they could eat crab and whelk this year with confidence.

### **Monitoring of a rich ecosystem of the Bay of Seven Islands**

Also, for a first year, Cliffs has also decided to support financially the long term monitoring project of the eelgrass (seagrass which houses many animals) and of the fish biodiversity directed by AMIK. AMIK has realized this monitoring of this ecosystem for six years now, which harbors an impressive biodiversity.



*Preseason exploratory fishing with UAPAN, AMIK and Canadian Fisheries and Ocean ministry.*

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**Explor Resources Inc.** is a gold and base metals exploration company with mineral holdings in Ontario, Quebec and Saskatchewan. The company is currently focused on exploration in the Abitibi Greenstone Belt of Ontario and Quebec, where more than 180 M ounces of gold and more than 450 Mt of Cu-Zn ore have been found to date. Explor's total land position in the Abitibi Greenstone Belt is approximately 21,800 hectares. Explor also owns 1,991 hectares of mining claims in Saskatchewan and 250 hectares in New Brunswick.

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# Feeding *the* World is a **BIG** Responsibility

*Arianne Phosphate's Lac à Paul Project is a world-class phosphate deposit located in Saguenay, Quebec. The project's 590Mt M&I resource and 472Mt reserve support the production of 3Mt of high-grade phosphate concentrate over 26 years and will be able to provide supply security to key North American markets. Phosphate, one of the three key nutrients in fertilizer, helps maximize land efficiency and increase crop yields, which will be critical as the world population and demand for food continues to increase and arable land continues to decline.*

## Feeding the world is a big responsibility

According to the United Nations, the world's population will be 9.3 billion people by 2050. Approximately 70% of that population is expected to live in cities, leading GDP to grow 2.5X. Increasing urbanization and per capita income growth will create a shift in dietary habits to better-balanced diets, including more protein and increased caloric consumption. The Food and Agriculture Organization of the United Nations (FAO) projects that, to meet future consumption demand, agricultural production will have to increase by 60% from its current levels. As the availability of arable land continues to decline, the world will need higher crop yields to achieve global food security.

## Phosphate plays a key role in agriculture

Phosphate, one of the three key nutrients in fertilizer alongside potassium and

nitrogen, helps maximize land efficiency and increases crop yields by working to improve root development and develop drought resistant crops.

Today, 175 million tonnes of phosphate are used every year by fertilizer producers in various forms. Currently, North America imports 4.3 million tonnes per year of phosphate rock and demand for phosphate is expected to continue growing at a rate of 2% annually.

## Arianne's Lac à Paul is a world-class phosphate project

Arianne's Lac à Paul Phosphate Project is one of the world's largest greenfield phosphate deposits with a 26-year mine life. Located in the Saguenay-Lac-Saint-Jean region in Quebec, Lac à Paul has a reserve of 472 million tonnes at a grade of 6.9% P2O5 (Phosphate oxide) and a resource estimate of 590 million tonnes at a grade of 7.1% P2O5.

In 2014, Arianne continued to define the upside potential at Lac à Paul. In May 2014, Arianne announced the addition of 78 million tonnes of inferred resource at a grade of 5.34% P2O5 from its Nicole Zone and identified a potential target zone between 260 and 390 million tonnes at a grade of 5.34% P2O5 to 7.13% P2O5 - near-surface within 1km from the Paul Zone. In July 2014, Arianne announced the addition of 146 million tonnes of inferred resource at a grade of 5.3% P2O5 at its TraMan Zone and 17 million tonnes of inferred resource at a grade of 5.98% P2O5 at its Traverse zone.

These recent results bring Arianne one

step closer to achieving its goal of a 50-year mine life.

## High-purity, high-grade product drives strong economics

In addition to its large size, Lac à Paul's other key advantage is the high purity of its phosrock deposit.

The purity level of Lac à Paul is measured by the minimal amount of contaminants found in the deposit. As a result, the Project can produce a high-grade concentrate at 38.6% P2O5 which will command a premium market price. Lac à Paul is expected to produce 3 million tonnes of this high-grade concentrate over the 26-year mine life, helping create supply security in key markets.

Arianne's high-grade concentrate is not only suitable for merchant-grade fertilizer, used in the agricultural sector, but also attracts buyers in the high-purity industrial market. The industrial market uses high-purity phosphate concentrate for an assortment of products food and beverages, metal finishing, water treatment and toothpaste.

The industrial market makes up 15% of total global phosphate use and has a current demand of 25 million tonnes per year. While supply of high-purity phosphate is limited, demand for industrial phosphate continues to grow at 3% per year commanding premium pricing.

These attributes drive the Project's strong economics.

## Arianne's robust economics

Arianne's October 2013 Feasibility Study examined a number of these variables and

concluded that the project has compelling economics:

- Net Present Value (“NPV”) of US \$1.9 billion;
- Internal Rate of Return (“IRR”) of 20.7%;
- Capital payback of 4.4 years before taxes and mining duties;
- Gross revenue of US \$16.1 billion;
- Operating cash flow of US \$7.4 billion; and,
- 25.75 year mine life.

Arianne is focused on optimizing the Lac à Paul Project. In May 2014, the Company announced optimization study results which yielded production cost savings of roughly \$280 million over the life of mine. The tests concluded that the elimination of two reagents, that represented costs of USD \$3.91 per tonne, would save \$10,862,000 per year.

#### Strategically located

Arianne’s strategic location, in a mining- and investment-friendly jurisdiction with well-developed infrastructure, provides a stable and supportive environment to advance Lac à Paul’s development.

In 2014, Arianne secured a favourable power agreement with the Ministry of Energy and Natural Resources which provides 115-MW of power from Hydro-Quebec for the Lac à Paul Project at a preferential and reduced rate (rate L). This agreement demonstrates the Quebec government’s ongoing support for Lac à Paul and is further evidence of the economic benefits that Lac à Paul will bring to both Quebec and the Saguenay-Lac-Saint-Jean region.

#### Socially responsible

Arianne works closely with the local communities, stakeholder groups and government bodies in the Saguenay-Lac-Saint-Jean region to ensure the Lac à Paul Project adheres to social and environmental best practices. Through ongoing timely and open interactions, Arianne has established respect and received support from stakeholders in the Saguenay region for the Lac à Paul Project.

Lac à Paul is expected to generate \$12.6 billion of economic spin-offs in Quebec, marking the largest economic impact of any

mining project in more than a decade. In its 2014-2015 Provincial Budget, the Quebec government stated it would continue to ‘negotiate equity stakes in the most promising mining projects’ and would partner with Arianne to help accelerate the development of Lac à Paul.

The Project is expected to create approximately 2,250 jobs per year during the construction phase and approximately 1,000 jobs per year created during the 26-year life of the mine.

#### Looking ahead

Arianne’s sole focus is to bring the Lac à Paul Project into production. By leveraging on the experiences and expertise of its senior leadership team, Arianne is focused on:

- Further project optimization;
- Completing its public hearings and receiving its environmental permit;
- Securing agreements with First Nations; and,
- Finalizing project funding.

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## *Aura Silver Resources* *and Agnico Eagle team up to explore Greyhound Nu*

The Greyhound Lake project in Nunavut may be one of the most exciting new exploration finds in the territory with past exploration yielding samples containing high grade gold, silver, copper and zinc. Aura Silver Resources Inc. which currently owns 100% of the property has recently entered into a joint venture agreement with Agnico Eagle Mines Limited which will allow Agnico Eagle to earn into ownership of the property by as much as 70% on completion of certain milestones as set out in the agreement. Agnico Eagle will dedicate its highly experienced staff and equipment to drill approximately 900 metres over three separate sites to the east of Aura Lake which is located in the southern part of the property. This is a partnership that could not be any better for both companies. Agnico Eagle owns the Meadowbank Mine to the north which is connected to Greyhound with an all-weather road traversing through Greyhound approximately one kilometre from our drill targets and which continues on to the community of Baker Lake.

The close proximity of the community of Baker Lake, about 35 kilometres to the south allows for access to its people who provide services and labor as well as to its infrastructure for accommodations and supplies. "Agnico Eagle and Aura both operate under a general philosophy of support for communities in the area and more importantly one which encourages economic growth and job creation for the region", said Robert Boaz, CEO of Aura. "As a result of our reputation, the community of

Baker Lake has provided significant support for our activities, be it manpower, services or accommodations."

The drill program has targeted three distinct areas around Greyhound's Aura Lake claim group. These areas include:

1. South and south east Aura Lake where multiple one ounce gold samples and silver samples of up to 5,380 g/t were found by Aura Silver during soil sampling and the examination of sulphide-rich boulders;
2. North Aura Lake where base-metal samples assaying up to 9.2% copper and 18.5% zinc were found during previous prospecting surveys by the Company's geologists; and
3. The Dingo prospect to the North East where prior discoveries include copper mineralization in a 200 by 300m gossan zone and in the same general area a kilometre long quartz vein which assayed up to 9.1 g/t gold and 96.6 g/t silver.

During this initial drill program approximately 300 metres will be drilled for each area. All targets are located nearby the access road that connects both Baker Lake and the Meadowbank Mine. The potential of the property to host a gold and/or silver deposit is enormous and Agnico Eagle's involvement is paramount in realizing this potential.

Aura's previous work on Greyhound has contributed significant knowledge to the understanding of the geophysics and geochemistry of the property. A recent comprehensive report written by Mr. Laurie Reed identified drill targets by reinterpretation of geophysical data

supported by anomalies established geochemically by a very sophisticated analytical procedure called Spatiotemporal Geochemical Hydrocarbon ("SGH") technology. These analyses have been given the highest priority rating that the SGH data can provide and vector into well-defined targets where the precious metals are thought to be located below. The author of this report concluded that, "Correlations between the geochemistry and various geophysical data suggest support for the possible identification of gold and silver deposits at Aura Lake and a gold and copper deposit at Dingo".

This new interpretation has identified favorable targets consisting of multiple structures/contacts using high tech three-dimensional inversion imagery of airborne VTEM, EM and magnetic responses and ground Induced Polarization and Resistivity data. With these data Aura has been given further comfort that it is zeroing in on the source of high-grade surface gold, silver and copper/zinc mineralization.

Agnico Eagle brings years of experience in exploration and development in Nunavut and other northern jurisdictions, the value of which cannot be underestimated.

With the drill program now underway Aura believes that it can re-invigorate excitement in our Greyhound project with the help of Agnico Eagle. It has been a while since Aura last undertook a major work program such as this with the help of our Baker Lake friends so it's a pleasure to return to Baker Lake with this new program.



### **Aura Silver Resources Inc.**

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# AboriginalBANKING

*Jason Cameron, Director, Aboriginal Banking, Ontario Regional Division, BMO Bank of Montreal*

In Aboriginal communities across the country, Economic Development Corporations (EDCs) are bringing new opportunities in employment, business development and revenue generation. The result is improved prosperity in communities that stand to benefit the most.

Successful EDCs, wholly-owned by the communities where they operate and often assisted by financial institutions such as BMO, generate revenue for the communities where they operate for many years. According to a recent study by the Canadian Council for Aboriginal Business, 72 per cent of EDCs have been in operation for at least 10 years; providing long-term benefits for community residents.

EDCs support Aboriginal communities in a number of important ways. First, they create jobs, giving young Aboriginals an opportunity to acquire skills in these businesses without having to leave their reserves. This has the corresponding effect of creating wealth immediately in the community and improving the employment and social conditions for residents.

On the financial side, EDCs generate revenue to fund infrastructure and on-reserve programs. Such revenue, for instance, could be used to support loan repayment or used as collateral for large infrastructure term loans for major construction projects, like community centres, roads, water treatment

plants, arenas and sewage pipes. The revenue could also be used to complement existing programs funded by the federal government, such as those dedicated to education, social services, elder services, youth and recreation. In the long run, this will help the Aboriginal community achieve self-sustainability and reduce its reliance on federal funding.

These organizations also ensure separation between political and business decisions. With decision-makers not up for re-election every few years, long-term plans, goals and visions can be created and achieved. As a result, community members with business experience, along with other outside business professionals, can make decisions in the boardroom with the knowledge that the plans will have a strong chance of coming to fruition.

These entities often look for advice and expertise from people and businesses from outside of its community. This ensures that capacity gaps – in areas such as management, sales, trades, IT, construction and more – can be filled. As time goes on, such gaps will be closed as members of the community learn from outside sources and acquire the skills and knowledge themselves.

As well, successful EDCs can lead to the growth of entrepreneurial spirit in the community. Once the members see the potential, they may be inspired to create their own businesses to mimic its success. Entrepreneurs in the community, combined with those engaged in the EDC, will be able to become mentors to other young, aspiring entrepreneurs.

Most importantly, EDCs help establish a sense of community pride by bringing together diverse members of Aboriginal communities to work towards a common goal. Everyone gets the opportunity to celebrate the successes that result. Nothing is more satisfying than having visitors praise a community's success, and ask just how they did it.

A example of a successful EDC can be found in the Alderville First Nation, north of Cobourg, ON. With the assistance of \$8 million in equity financing from BMO, the Alderville First Nation was able to develop and open a five-megawatt solar farm.

Through this arrangement, the First Nation has placed itself at the forefront of the rise of green energy alternatives in Ontario. Not only has it gained the ability to power its own community, it has also benefited from a new stream of income. These new funds are already being reinvested to the betterment of the Alderville First Nation, including initiatives aimed at providing more educational opportunities to the growing youth population.

Ventures such as this represent precisely what Aboriginal EDCs were created to achieve. But there is more work to do. With the continued assistance of the private sector and government we can all grow the number of EDCs across the country and bring new opportunities to First Nations. This is vital work; we must all support Aboriginal EDCs as one important piece of the puzzle to ensure prosperity comes to First Nations communities.

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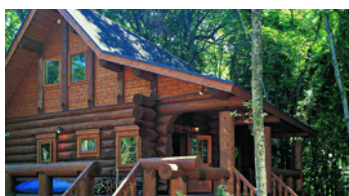
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# Connection

## The Basis for Suicide Prevention

*with thanks to Riel Dupuis-Rossi of the  
Vancouver B.C. Aboriginal Wellness Program  
for her helpful suggestions*

### *Greetings!*

The last days of summer are upon us and for me, like many Canadians, it is the shift into fall, Labour Day rather than January 1st, that marks the beginning of a new year. And because I have spent most of my working life involved in efforts to reduce the risk of suicide, by the end of the summer I am always looking ahead to September 10th - World Suicide Prevention Day. This day has been marked by more than 40 countries, including our own, since 2003. Its purpose is to raise awareness of suicide as a major public health concern, mobilize efforts to save lives, and connect people to supports and resources. On September 10th communities throughout Canada will raise awareness, remember those who have died by suicide and forge connections in support of suicide prevention by a multitude of means – seminars, memorial walks, kite flying and candle lighting ceremonies, artistic displays, learning and drum circles, quilting bees, resource fairs, film showings, webinars and butterfly releases, to name but a few of the many events that take place.

But by the time you are read this I suspect World Suicide Prevention Day will have passed. However I hope the themes of 'Suicide Prevention: One World Connected' chosen by the International Association for Suicide Prevention [www.iasp.info](http://www.iasp.info) and 'Connecting Canada' chosen this year by the Canadian Association for Suicide Prevention [www.suicideprevention.ca](http://www.suicideprevention.ca) will remain top of mind and inspire you to practical action.

We know and research proves that connection with others can increase resiliency and reduce suicide risk in the vulnerable, that reaching out and extending support and friendship to people who have become marginalized or isolated can save lives. Connection and collaboration across communities and between services, helpers, families, friends and those who are struggling is also critical in supporting people to build lives they want to live. And connection at the local, national and international level is essential to sharing what we are learning about what is working and how to get more of it.

This is certainly not new knowledge. In fact First Nations Communities have understood since the dawn of time that a holistic connection to all aspects of the intricate web of life is essential and have structured their social systems guided by this principle. Connection not just to the self, the family, the elders, the ancestors; the human community linked through its values, language, culture, beliefs, traditions and rituals, but also connection to the larger realms - earth, water, sky, animals, spirits, to all of Turtle Island. It is also known that the intent of the policies and practices of racism, colonization, oppression and marginalization was to break these essential bonds and indeed terrible damage and multi-generational trauma has been – and continues to be – the result. However throughout the country connection is also

being restored and as people work together hope, health, resilience, justice and possibility grow.

While critical elements for suicide prevention include access to appropriate treatments for mental illness, for addiction, for trauma it is important to remember mental health is not

just the absence of illness but (as per the World Health Organization) is the presence of a state of well-being in which we realize our abilities, can cope with the normal stresses of life, can work productively and fruitfully, and are able to fully participate in our communities. This clearly acknowledges that to be well we require on-going functional reciprocal networks of caring and support as the ground upon which all of us must stand.

This year the Canadian Association of Suicide Prevention is going to try something different in service of building such connection. In collaboration with the Mental Health Commission of Canada, we will for the first time host our national conference on line. The conference - "Connecting Canada - Conversations About Community, Collaboration and Hope" (November 19, 20, 21) will include keynote speakers, webinars, poster presentations and opportunities for interaction, making it possible for people throughout the country and indeed around the world, to connect and participate at minimum cost. To learn more - <http://casconference.ca/>

In this context I would also like to draw



your attention to an award established by CASP specifically for First Nations, Inuit and Metis communities in Canada. The Dave Masecar Community Wellness Award was created as a tribute to this former CASP President, who died in 2010. Dave devoted a good deal of his life to on-the-ground suicide prevention in Canadian communities, much of it in partnership with First Nations, Metis and Inuit peoples. Dave was committed to fostering hope by building on what is working and so the award acknowledges outstanding leadership in suicide prevention, intervention and/or postvention in or by a First Nations, Metis or Inuit community that has led to a reduction in suicide or its harmful consequences. Award-winning accomplishments are highlighted during the yearly national conference so the learning can be shared. Last year the work of the First Nations and Inuit Suicide Prevention Association of Quebec and Labrador [www.dialogue-pour-la-](http://www.dialogue-pour-la-)

[vie.com](http://vie.com) in the person of its cofounder and Director, Dr. Normand D'Araron, was so honoured. You can connect to help spread awareness of promising practices in your community by submitting your nomination for this award. For details on criteria and how to nominate please go to the Awards section of the CASP website [www.suicideprevention.ca](http://www.suicideprevention.ca) or email [Jenn.Ward@HopeTalks.ca](mailto:Jenn.Ward@HopeTalks.ca)

Again in service of sharing knowledge and building connection CASP creates or collaborates to develop and make freely available many resources to assist anyone seeking to reduce the risk of suicide. One of the latest is a video entitled 'Lets Talk About Suicide' available in the Resources section of our website. We have been receiving very positive reviews for this plain-spoken teaching tool so check it out to see if it might be useful in your context.

As I look out at the mountains and ocean bathed in the golden light of late summer I know we are blessed by the beauty of the land. Yet we are also challenged by the vastness and diversity that can so easily isolate us and fragment our efforts toward positive change. I think to actually implement, build on and expand our understanding of what is working in suicide prevention – indeed in anything - it is critical to connect and to stay connected, but this is not always simple. I sincerely hope CASP's efforts in this regard can provide you with assistance in the on-going work of growing the national network of suicide safer communities. Do join us for the virtual conference this November and let everyone know what you think.

Respectfully,  
Dammy Damstrom Albach

## DISASTERS CAN HAPPEN ANY TIME,

often without warning. In Canada, many First Nation, Métis and Inuit communities are particularly vulnerable to natural disasters and some remote northern communities deal with forest fires and floods every year.

When community members are prepared, they are better able to cope with an emergency and they help to make their community more disaster-resilient. Follow the three simple steps below to ensure you and your family are prepared in the event of an emergency.

### 1 KNOW THE RISKS

Learn about the types of emergencies that could happen in the area where you live.

### 2 MAKE A PLAN

Prepare a plan so that in an emergency, you and your family will know what to do.

### 3 GET A KIT

Prepare a home emergency preparedness kit in the event an emergency situation confines you to your home for a period of time. Also, prepare a 'grab and go' bag for you and your family members that can be taken with you in the event you have to evacuate. These two kits will help ensure you and your family remain healthy and safe during an emergency.



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RED CROSS**

Learn more at  
[redcross.ca/ready](http://redcross.ca/ready)





Canadian Centre  
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# *When Mental Health and Substance Abuse Problems Collide*

When mental health problems and substance abuse occur together, they are called concurrent disorders.

Concurrent disorders are a significant health issue in Canada—more than half of those seeking help for an addiction also have a mental illness. These individuals present some of the most complex and difficult-to-treat cases for our health care system.

The links between mental health and substance abuse issues are complex. They might develop independently as a result of common risk factors, or one might lead to the other. For example, a young person might use alcohol to cope with feelings of anxiety, or use drugs to cope with symptoms of Attention Deficit Hyperactivity Disorder (ADHD).

The most common mental illnesses seen in combination with substance abuse among youth are Conduct Disorder (CD), Oppositional Defiant Disorder (ODD), clinical depression and Post-Traumatic Stress Disorder (PTSD). Approximately 25–50% of young people who abused drugs have been diagnosed with CD or ODD, 20–30% have been diagnosed with clinical depression and 16% with PTSD.

The most effective and efficient way to address co-occurring mental health and substance abuse disorders is to stop them before they start. Increasing evidence suggests that concurrent disorders have a strong developmental trajectory with onset occurring during adolescence—which makes improving our capacity for early detection and intervention all the more imperative.



The Canadian Centre on Substance Abuse (CCSA), in partnership with organizations such as the Mental Health Commission of Canada, the Canadian Executive Council on Addictions, and the Ontario Centre of Excellence for Child and Youth Mental Health, has placed an emphasis on researching and providing evidence-based information on prevention and treatment of substance use disorders, including concurrent disorders.

For instance, the most recent report in CCSA's Substance Abuse in Canada series, *Childhood and Adolescent Pathways to Substance Use Disorders*, outlines personality

and environmental factors that indicate a young person could be at increased risk to develop a substance use disorder, as well as protective factors that can reduce the chance of the problem developing.

And a Best Advice document offers key principles and elements to enhance much-needed collaboration between mental health and addictions services to provide a better access, treatment services and quality of life for those with both mental health and substance abuse problems.

These and other resources are available through the Mental Health and Substance Abuse topics page at [www.ccsa.ca](http://www.ccsa.ca).



# Lac Seul First Nation



LSFN adheres to the following principles and objectives in our approach to consultation and accommodation:

- To maintain the distinct spiritual relationship with our reserve lands and traditional territories that is inexorably linked to our survival as Anishinaabeg, and through which we can preserve our knowledge systems, laws, language, and culture.
- To preserve our tradition of sustainable development of lands, waters, wildlife, plant life and resources for past, present, and future generations.
- To respect our laws which ensure environmental conservation and both short- and long-term preservation of the land to which we are linked.
- To respect that our traditional territories and societies are communal in nature and that we rely on individual and collective knowledge to maintain the ecosystem on which our collective survival depends.
- To respect the sharing of lands and resources committed to through treaty. It has been the experience of Lac Seul First Nation that successful consultation and accommodation exercises incorporate several overarching principles. These principles, and examples of their application in this process, include the following:

## ***Mutual Respect***

- Differing values
- Timelines
- Each parties' constraints and investments

## ***Clarity***

- Of information (i.e. plain language) and consideration of the intended audience when developing materials and selecting consultation techniques.

## ***Purpose***

- How, when, and what decisions can and cannot be influenced

- Mandate, roles, and stake in development
- How information will be used and owned

## ***Transparency***

- Sufficient information for meaningful and constructive participation and consideration of values
- How participation informs the outcome of final decisions

## ***Flexibility***

- For cultural and linguistic translation requirements
- For changing needs

## ***Trust***

- Following through on commitments made
- Building future relationships

## ***Certainty***

- Defined beginning and end of process
- Use of a single coordinated process

The process for consultation and accommodation for Lac Seul First Nation must be separate and distinct from that for other stakeholders, because our First Nation has separate and distinct rights, interests, and concerns with regard to any impacts on our traditional territory.

Lac Seul First Nation wants to participate in, and promote, development within its traditional territory. As such, clearly-defined objectives are crucial to a successful consultation process. In this particular instance, the following consultation objectives apply:

- 1) To gather input from interested parties regarding the level and nature of their interest in order to better plan First Nation participation activities related to the upcoming Environmental Screening.
- 2) To obtain local and traditional knowledge to enhance your understanding of the environmental, cultural and socio-economic setting (i.e., baseline data) of the proposed project for use in the scoping of the project for Environmental Screening.

We anticipate that subsequent steps in the consultation would include the following:

- 1) Conduct Analysis and Prepare Screening Report
  - a) To understand the views, and reasons behind the views, of the interested parties regarding the potential environmental effects.
  - b) To solicit input or views regarding potential alternatives and mitigation measures to reduce environmental effects.
  - c) To work with interested parties to resolve a topic-specific issue.
- 2) Review Environmental Screening Report
  - a) To obtain comments on the Environmental Screening Report to verify whether information in the report is accurate, representative, and adequate.
  - b) To provide feedback to interested parties about how their input, views, issues and concerns have been considered in the Environmental Screening process.
- 3) Make Environmental Assessment Decision
  - a) To inform the interested parties of the Environmental Assessment decision, how their input was used, and next steps.

To achieve the initial objectives of this particular consultation, as set out above, Lac Seul First Nation requires that the consultation workplan be adopted and agreed to by industry.

The consultation process for projects will thus proceed as follows:

1. An initial 'consultation engagement' meeting be held with your company, the proponent, and the appropriate Crown ministry representatives;
2. A second meeting, to conduct the baseline data surveys of our Band membership;
3. A third party review of the engineering and financial aspects of the project, to be conducted concurrently with your sub-consultant's archaeological assessment. Once your sub-consultant's assessment is completed, LSFN will require a third party review of those results; and
4. Finally, another consultation meeting, by which time LSFN will have been able to determine and articulate a level of support for the proposed project.

# Canada's cities *lead on* climate action

by David Suzuki

Amid the dire warnings about global warming's impacts, what's often overlooked is that actions to reduce or prevent them will lead to livable communities, improved air quality, protection of natural spaces and greater economic efficiency, to name just a few benefits. So it's not surprising that tangible positive action on climate change is happening in Canada's cities.

Plenty of examples can be found in the National Measures Report, released in mid-July by the Partners for Climate Protection, which includes the Federation of Canadian Municipalities and ICLEI-Canada, a local government organization dedicated to sustainability.

The report shows that, although Calgary is best known as the epicentre of Canada's oil and gas sector, its government is investing in greater energy efficiency and tackling greenhouse gas pollution. In just seven years, it has cut emissions from operations by almost 50 per cent through an innovative partnership with energy companies. Cost savings from reduced energy use pay for the city's investments.

Edmonton was an early innovator in waste management, establishing one of the first municipal composting programs in 2000. Its

facility is the largest of its kind in North America. Not only does it take in organic waste from households, it also processes sewage sludge from the wastewater treatment plant. Along with its recycling program, the city now keeps up to 60 per cent of its municipal waste out of landfills, and is aiming to increase that to 90 per cent. How does this help with climate change? Diverting waste away from landfills reduces emissions of methane, a greenhouse gas many times more potent than carbon dioxide.

In Ontario, Guelph is enjoying an economic revival and reducing energy use and greenhouse gas emissions at the same time. Supported by Ontario's Green Energy Act, the city aims to meet 25 per cent of its total energy needs with locally sourced renewable energy. The policy turned out to be a boon for the manufacturing sector, attracting solar industry plants to Guelph and across the region.

My hometown, Vancouver, is the real leader on Canadian urban climate initiatives. It has the lowest greenhouse gas emissions of any major North American city — and they're continuing to drop. B.C. is lucky to be powered by low-carbon hydroelectric power; Vancouver leverages this advantage by making smart urban-planning decisions and encouraging active transportation such as walking, biking and public transit. Almost half of city trips are now made without a car. Battling sprawl and encouraging sustainable transportation has its advantages beyond reducing the carbon footprint. Good transit and improved liveability have attracted people to Vancouver's increasingly vibrant downtown core, lush green spaces and seaside pathways.

Local progress can spur even greater momentum as cities collaborate with each other and other levels of government. The C40 Climate Leadership Group, started in 2005, has grown from 18 to 69 megacities

around the world, including Toronto and Vancouver — representing one in 12 people on the planet. C40 and related initiatives have allowed cities to set goals together, measure and verify progress and share success stories on how to tackle global warming, while reaching out to smaller centres and co-operating with national governments.

The influence and importance of tackling global warming at the municipal level has become so great that the UN now formally recognizes city governments in negotiations on climate change. It makes sense. The UN notes that although cities cover just two per cent of the world's surface, they produce more than 60 per cent of CO<sub>2</sub> emissions.

How can federal and provincial governments get on board? First, they can establish policies that offer financial and program support to urban global warming action, such as investing in public transportation. The B.C. government has helped cities develop climate change plans and become carbon neutral, and Nova Scotia has established a Climate Change Adaptation Clearinghouse to assist cities. Other provinces could take similar action. And all provinces and the federal government need to get serious about the greenhouse gas emissions they control.

Our future will be determined by the choices we make now to prioritize clean energy, better transit and smarter urban design. Canadian citizens and governments should recognize the benefits of acting and co-operating on global warming. There's still a long way to go, but cities are showing the way.

Written with contributions from David Suzuki Foundation Science and Policy Manager Ian Bruce.

**Learn more at**  
[www.davidsuzuki.org](http://www.davidsuzuki.org).



David Suzuki



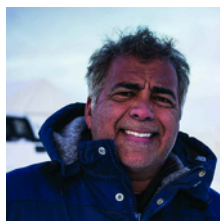


## Uranium Men: At the Centre of Canada's Uranium Exploration Boom

"This project has become a focal point of the entire sector, its high grades and considerable upside potential, foreshadowing that it might ultimately prove to be one of the most important uranium discoveries in Canada's Athabasca Basin." (David Talbot, Dundee Capital Markets)

It started with a single drill hole made by a team of explorers just outside the Western edge of Saskatchewan's Athabasca Basin, home to the richest uranium deposits in the world. The fact that the team was there at all broke with conventional wisdom. Other companies, including the highly regarded experts of major uranium mining companies such as Cameco, believed explorers had to be within the boundaries of the Basin and in particular on the east side to make significant discoveries. The western side on the outskirts of the Athabasca Basin was therefore under-explored. It was also believed that near-surface discoveries were a thing of the past from a by-gone era of exploration. The experts believed that there were no more near-surface discoveries to be made.

The Fission technical team took this challenge head-on. Using innovative science, that single drill hole struck a major intersection of high-grade uranium and in just a few months the explorers had a new and growing discovery on their hands that caught the attention of industry analysts and the international investment community alike with its incredibly high grades and shallow depth. The PLS discovery was like nothing seen before in the Basin district. For its efforts and results, the company, its management and its technical team have won a string of industry awards.



*Fission CEO,  
Dev Randhawa  
on site*



*Fission President,  
Chief Geologist Ross  
McElroy on site*

The new discovery is known as Patterson Lake South (PLS) and the team that made it is Fission Uranium Corp. PLS has had a strong and positive impact on the Athabasca Basin region. The company's management and technical team have ties with the community that stretch back as much as 30 years. This past winter season at its PLS project, 80 members of the local community were employed directly by Fission and indirectly through contractors in the roles of technicians, drillers, carpenters and more.

Fission has also been able to fund local education initiatives and provide sponsorship to local magazines. The PLS discovery has been so significant that it has also created a new hub of exploration activity with more than \$40 million spent by exploration companies in the area as they try to mirror Fission's success. This spin-off effect dramatically influences the local economy in a very positive way.

"This discovery is as good as anything I've been involved with," explains Ross McElroy, Fission's President, COO and Chief Geologist. With more than 30 years as a professional geologist, McElroy worked for uranium majors such as Cameco, Areva and BHP before joining the junior mining sector. He got his first break in the uranium sector as part of the small geological team that made the McArthur River discovery (the world's largest high-grade uranium discovery) and went on to be instrumental in several major discoveries in the Athabasca Basin. This includes the two discoveries made while leading the Fission team – the J-Zone at Waterbury Lake and Patterson Lake South (PLS). In March 2014, McElroy was awarded PDAC's Bill Dennis award for Exploration Success – the mining industry's top exploration award.

McElroy, who confesses to being a bit of a contrarian by nature, had been interested in the West side of the Basin for some time. Fission flew an airborne survey and that's when McElroy admits to another unique Fission asset – a uranium boulder-detecting

survey technology developed by the Fission team and survey company, Special Projects Inc. The invention, currently patent-pending, is able to survey large areas at ultra-high resolution and it discovered a uranium boulder field with exceptionally high grades.

"A discovery like this is a major occurrence," Explains Dev Randhawa, Fission CEO and Chairman. Randhawa is one of Canada's best-known uranium exploration CEOs and in 2013 was named Mining Person of the Year by The Northern Miner magazine and Dealmaker of the Year by Finance Monthly. Both he and Ross McElroy have been nominated for Ernst & Young's Entrepreneur of the Year award. "What a lot of people don't realize is the world is headed for a uranium shortage. Nuclear power supplies nearly 20% of the world's energy needs and there are over 230 reactors under construction or in the planning process and another 316 in the proposal stage. On top of this, Japanese utilities have applied to start a total of 16 idled reactors."

With approximately 80% of the global nuclear fuel coming from mining, uranium supply has been heavily reliant on secondary sources for many years. The largest of these sources is the Highly Enriched Uranium (HEU) agreement which involved the sale of down-blended uranium from Russian warheads to the US for use as reactor fuel. The agreement expired in 2013 so the pressure is on to find large, economic deposits.

So, with mineralization starting at just 50m and a strike length, on-trend, of over 2.24 kilometres, just over eighteen months after the first discovery hole, Patterson Lake South is one of the most attractive uranium discoveries in the world. Fission is continuing to develop the discovery and both the team and the company's shareholders have been delighted with project's progress.

Fission Uranium is listed on the TSX-V under the symbol FCU and on the OTCQX under the symbol FCUUF. Further information on the company can be found at [www.fissionuranium.com](http://www.fissionuranium.com)



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# Focus Graphite

## Environmental Sustainability Makes Good Business Sense

by Don Baxter

On December 19, 2014 Focus Graphite made mining history by entering into a sales agreement with a Chinese industrial conglomerate for 10-years worth of future natural flake graphite production for a minimum of 20,000 tonnes per year.

Focus' sales agreement – or offtake agreement as it is referred to in the mining industry – comes at a time of graphite's growing importance as a mineral critical to China's, the United States' and Europe's future economic security.

Our sale to China was important – not only to the dozens of Canadian emerging graphite mining companies not yet in production, but to our country and to the communities of Fermont, Wabush and Labrador City that stand to benefit from the investments Focus proposes to make over the coming years to build our mine and processing facilities.

We have proven that we are capable of purifying our low-cost fine flakes to high value battery grade materials. It is an achievement no other graphite producer in the world has been able to duplicate.

Focus plans to produce 44,300 tonnes of graphite concentrate annually from our

future Lac Knife plant. And that comes with an undeniable ecological responsibility.

Processing is carried out by an environmentally sustainable flotation and polishing regime. This therefore negates the need for acids or other caustic chemicals which can have a damaging impact on the environment.

The ability to power the project from the hydro-electric grid power results in low cost and minimal to nil carbon foot print. These factors are critically important to our community and to green energy end users.

Future demand is being driven by green technologies such as renewable energy sources for electric vehicles, hybrid electric vehicles and hydrogen fuel cells and we have aligned ourselves with green initiatives.

China is the world's largest producer of graphite with some 500,000 tonnes per year production of synthetic graphite make from petroleum coke and some 350,000 tpy production of natural flake graphite.

Global production of all graphite is estimated at some 1.1 million tonnes per year.

The importance of Lac Knife's production is not solely its volume, but rather, its value.

Natural flake graphite is non-toxic and unlike China, our processing methods avoid the strong acids used by Chinese producers and graphite dust created by crushing and grinding is minimized through filtration systems stipulated by regulation.

Tesla Motors, perhaps one of the most advanced and recognizable electric automobile maker in the world, announced recently its decision to source its battery graphite from a non-polluting North American source – moving away from its Chinese graphite suppliers for purely environmental reasons.

Like most Canadian producers, Focus must pass the "trout test" – that is, the ability to return the water we use to a state clean enough for fish to live in and spawn generations after them.

More than a regulatory obligation, environmental sustainability to Focus Graphite remains a moral responsibility and an implied duty to restore the lands we work on to the same pristine condition we found them in when we arrived.

That is both our promise and a cornerstone of our corporate charter.

There are reasons China came to us. Cost and quality were the two key determining factors.

But China is currently undergoing a huge change. Industrial pollution is undermining China's ability to protect its citizens. For that reason, and others, China's regulatory authorities have shut down hundreds of the many small, poorly managed and heavily polluting producers.

By our estimation, it will take years and millions of dollars of new investment in technologies to create both cost and environmental efficiencies to bring those closed mines back into production.

When, or if those mines are restored to operational status, their production – much of it destined traditionally for export markets



*The Rail-to-Seaport Link*

*(Photo – Courtesy of Focus Graphite)*



*An ore sample from the Lac Knife Project*

*(Photo Courtesy of Focus Graphite)*

– may be redirected back into China's domestic consuming economy.

In either scenario, it would result in a pullback of natural flake graphite supplies available on the open market putting upward pressure on prices that in turn, result in broad benefits for Focus Graphite stakeholders.

In a recent analysis, the noted technology metals and minerals expert Dr. Gareth Hatch named Focus Graphite as being in a leading position to supply battery-grade graphite to Tesla's so-called Gigafactory – a planned \$5 billion battery manufacturing facility to make the batteries that power the company's range of electric vehicles.

Dr. Hatch noted that in order to reduce costs, maintain security of supply and protect the company's reputation as an environmentally sustainable business, Tesla had no choice but to move to a less-costly, higher performing natural graphite option for its battery materials.

#### **About Focus Graphite Inc.**

With its 9.5 million tonne Measured and Indicated Lac Knife Project just south of Fermont, Quebec, Focus Graphite Inc. is a publicly-traded graphite mining company developing two additional graphite projects at Lac Guinecourt and Lac Tetepisca.

Lac Knife, our world-class high-grade graphite project has excellent infrastructure, access to electricity, major roads, airports, two railroads and access to deep water shipping terminals.

Focus also enjoys excellent relationships with the local band and municipal councils.

Focus Graphite's management group is supported by a world-class team of geologists, graphite production and manufacturing specialists and scientists.

When Lac Knife comes into production it will be producing on a price-competitive basis with China, which today produces some 70% of the world's graphite.

Development of the Lac Knife project is advancing towards an announcement of mine and plant financing, submission of our Feasibility Study and Mine Closure Plan and permitting. Discussions with potential offtake partners are continuing.

Offtake agreements are based upon end-user purchasing criteria, namely: security of long-term supply; purity; competitive cost, and; the ability of the producer's facility to

supply graphite tailored to customers' specific requirements.

Unlike gold, which has specific market and commercial trading standards, graphite buyers usually have unique, niche requirements.

For example, some buyers require industrial grades with a 95-96% purity range, while some technology and battery grade graphite purchasers may have a 99.5 to 99.99% purity requirement.

Lac Knife's distribution of large, medium and small flake graphite is perfectly positioned to meet current and future demand.

More importantly, however, Lac Knife's high-grade, at 15%, gives Focus Graphite a significant cost advantage over its competitors whose resources hold an 8% or 5% or 3% carbon grade.

To be competitive, Focus' vertically-integrated business strategy includes the in-house ability to purify its high-purity 98% carbon graphite to high value 99.9% purity materials for the battery manufacturing industry.

As an innovator, and blessed with one of the most extraordinary graphite resources in the world, Focus Graphite's management set its sights on the emerging green energy and clean technology sectors – the source of sustainable profitability for the foreseeable future.

*About the author:*

*Don Baxter is President and Chief Operating Officer of Focus Graphite Inc.*

**Focus Graphite's Lac Knife, Quebec high-purity flake project is moving towards production from one of the highest technology grade graphite resources in the world.**

**As a good corporate citizen, we understand that:**

The land we exploit is not our own. We have both a moral obligation to protect our environment and a social responsibility to provide jobs, source locally and to be a full-time participant in our community's affairs.

**Don Baxter**

President and Chief Operating Officer  
Focus Graphite Inc.

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The Resource Centre is a Native-oriented library with a unique collection of material focusing on the Aboriginal people of Nishnawbe Aski Nation and areas of closed proximity. The General Collection is the largest portion of our collection. It consists of materials on history, culture, education, arts and crafts, language, etc. The Reference Section, Newspaper Clippings and Information files provide information on a wide range of topics. Finally, the Periodical Section contains a variety of native newspapers and magazines. These are available to read in the Resource Centre.

- The focus of our programs and services is to retain, maintain and preserve the culture, tradition and languages of the Aboriginal people of Nishnawbe Aski Nation.
- The Ojibway and Cree Cultural Centre provides programs and services to fifty (50) First Nation communities within the Nishnawbe Aski Nation.
- We respond to the cultural and educational needs and aspirations of the First Nations communities within our catchment area.

*For more information:*

## Ojibway and Cree Cultural Centre

150 Brousseau Avenue,  
Unit B (Back Entrance)  
Timmins, Ontario  
P4N 5Y4

**Tel: (705) 267-7911**

**Fax: (705) 267-4988**

e-mail: [info@occc.ca](mailto:info@occc.ca)

### Office Hours:

**Monday – Friday**

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#### COMPANY

Established in 1931, H.J. O'Connell, Limited specializes in heavy civil infrastructure construction, mining applications and energy development and is a leading supplier to Canada's resource industries. O'Connell has been able to remain successful by combining its innovative approach to business and continued interest in the growth and development of their employees. This has resulted in a loyal client base with some relationships exceeding 40 years. O'Connell has surpassed customer expectations in the execution of numerous complex projects for many blue chip clients including Iron Ore Company of Canada (IOCC), ArcelorMittal (formally Quebec Cartier Mining), Wabush Mines, Manitoba Hydro, Abitibi Consolidated, Fortis Inc., Vale Inco, Voisey's Bay Nickel and many others.

The company employs a fleet of over 400 pieces of heavy equipment to support its mining and construction operations and has significant remote project experience. Its full range of earth moving equipment includes some of the largest off highway trucks in Canada capable of moving millions of tons of material per month. This has provided the company with the ability to respond to major resource construction project demands throughout Canada.

#### HISTORY

Founded in Montreal by Herbert John O'Connell, the company quickly grew into one of Canada's leading heavy construction firms, establishing Les Entreprises de Construction de Québec Ltée. (LECQ) in 1937 and H.J. O'Connell Construction Ltd. in 1970.

In 2011, Bird Construction, a national Canadian general contractor with nearly a century of experience, acquired O'Connell, expanding its market and geographic scope. The organizations are aligned in the most important aspects of their business models — their values: safety, respect for employees, quality, integrity and sustainability. This manner produces exceptional client satisfaction and highly attractive business results. Both firms are able to capitalize on the inherent strengths of the other as the combined organization is able to offer a broader range of services to clients.

#### PEOPLE

H.J. O'Connell prides itself on a high quality, a technically sophisticated workforce and a reputation for completing projects on time and on budget. O'Connell people are industrious, innovative and hard working.

On the job site, the company holds weekly toolbox meetings to provide a conduit for

communication between the company and its workers to ensure that everyone has a thorough knowledge of the common goals. Employees are considered the backbone of the company; everyone has access to management to discuss safety or any other issue.

#### MINING & ENERGY CONSTRUCTION IS OUR SPECIALTY

O'Connell has worked on constructing or expanding numerous large-scale mining projects in Quebec and Labrador. The Voisey Bay Nickel Project, the Bulk Excavation & Associated Civil Works for the Lower Churchill Project and the Long Harbour Hydrometallurgical Facility are only three examples of the company's recent engagement. On mine sites, the company constructs access roads, removes overburden, builds settling ponds, constructs dams and dykes for the containment of tailings and pours foundations for buildings, mine crushers and pollution control structures.

It has also been involved in some of Canada's most famous energy projects including the massive hydro developments in James Bay, Quebec and Churchill Falls, Newfoundland and Labrador. The James Bay Project is a series of hydroelectric power



stations in northwestern Quebec along the La Grande River. This project is one of the largest hydroelectric systems in the world as the La Grande River watershed covers approximately 11% of the total area of Quebec. The Churchill Falls Generating Station is an enormous hydroelectric power station located on the Churchill River in Newfoundland and Labrador. This project was the largest civil engineering build in North America at the time of its construction and remains the second largest power station in Canada, generating an impressive 5,428 megawatts.

#### AWARD WINNING CONSTRUCTION COMPANY

As a result of its exceptional services, O'Connell has become known as a contractor and employer of choice, winning awards such as the Ontario Society of Professional Engineers Project of the Year: Environmental Category, the Newfoundland and Labrador Employers Council's Employer of Distinction, the Newfoundland and Labrador Construction Safety Association's Award for Excellence and Company of the Year, and the Minister of Labour Award for Excellence are among a few of O'Connell's accolades.

#### SUSTAINABILITY

The nature of the business means responsibility to clients, employees and increasingly, to the environment. O'Connell recognizes that its construction work has a direct impact on the environment and is committed to a proactive environmental policy that promotes the practice of sustainable development. A more efficient use of resources reduces adverse effects on the environment. Where possible, it attempts to reduce or eliminate the impact of waste, emissions and green house gases. Disturbing the environment is unavoidable in construction but the company has designed methodologies that alleviate the impact of its projects.

## Hard work, Hard workers.

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**For more information:**  
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Development and Aboriginal Affairs at  
709-726-9095 or [njenkins@hjoc.com](mailto:njenkins@hjoc.com)

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# THE BATTLE

## *on the* Home Front



## Your Life Counts

The declaration of war against Germany in September 1939 pulled a reluctant world community back into conflict just 20 years after the First World War ended in 1919. This time the stakes were no less than before as leaders of nations struggled to understand the rationale of a post war Germany invading Poland, thinking on the one hand that some world leaders would rattle their sabres and others would somehow turn a blind eye.

Today, 75 years after WWII the world community continues to face challenging times with the seeds of conflict germinating and growing in several hot spots across the globe. Yet paradoxically, the world has never been so connected. Social media has the ability to deliver a message simultaneously and seamlessly to all people who are 'wired in'.

There are no borders, boundaries and no control over the message. And there is a very real threat. Many countries are so dependent on technology in their day to day living that it has become necessary for them to prepare for 'cyber war' and to anticipate and safeguard against attacks on their computer systems that would disable and destroy their high tech capability and capacity.

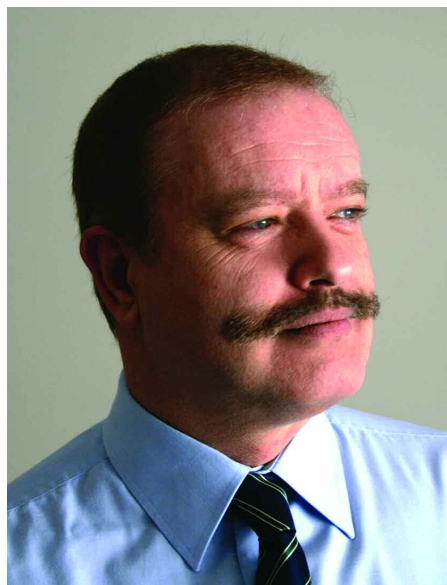
For years, there has been a very serious and deadly battle that is raging on the home front. It is a silent killer that robs the lives of over 4,000 Canadians each year. And in Canada within the aboriginal community the rate of death is at least 6 times that of the non aboriginal population.

No, the cause is not cancer or other disease that we would readily identify with and in some ways understand. It's not road traffic accidents, homicide or other cause of death. Yet it is probably the most preventable of all causes of death.

What is it?

It is suicide.

The World Health Organization states that over 1 million people die by suicide worldwide each year – that's more than the sum total of all deaths to war and famine in recent years. It's a global issue, and the numbers have been increasing.



Rory Butler

For some time the Canadian military community has been in the trenches fighting against this heart breaking scourge in their own rank and file. In recent months we have read of the suicides of serving military personnel and veterans and the role post traumatic stress disorder (PTSD) plays as a leading cause of military/veteran suicide. We should also note that the Aboriginal community also serves our nation in a variety of military roles and the challenge of suicide is no less serious within their community whether as serving personnel, as veterans or as family members.

In response to this crisis in mental health Veterans Affairs Canada has been working on developing dedicated support for Veterans and their families through the auspices of the Department of National Defence. Some good work is being done. But can it ever be enough?

The Your Life Counts Military Directorate was launched in April 2014. By adapting the proven YLC approach and building new help and guidance resources for the military and veteran community the goal is to help rescue lives from suicide. This was not an overnight decision, it was the result of careful research over several years. YLC has been recognized as a resource that the military and veteran community is looking to for help, guidance and support.

But there's more. People have trouble understanding that suicide could be a problem among front line workers –



On the job front line personnel experience face trauma of all kinds, unimaginable situations that would be more in context on a battlefield than here at home. But that's their reality and they have to cope with it and move

We're all human. We are each of us affected by trauma and loss, we are beings with emotions, feelings and more.

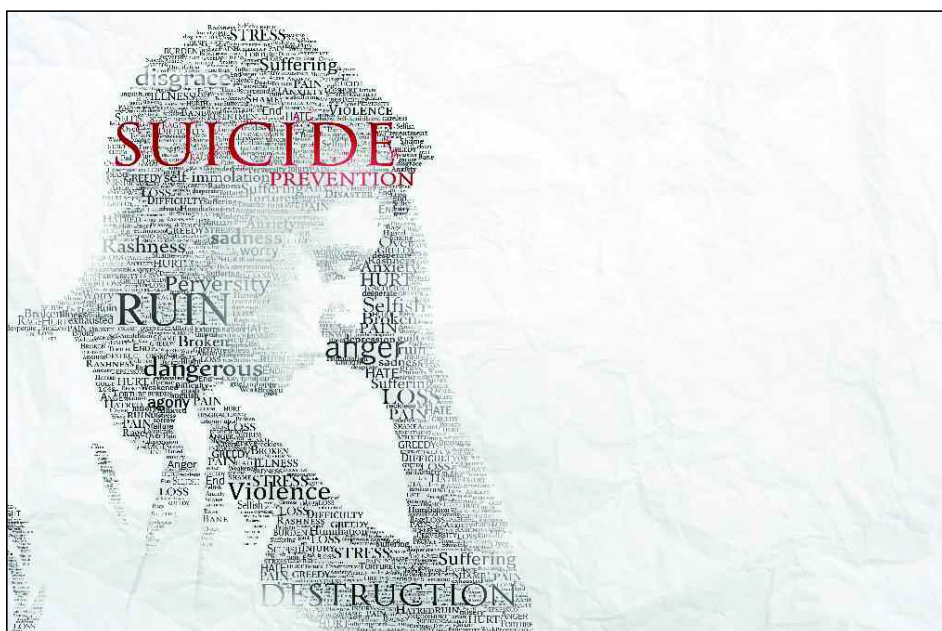
There is no pill that will mend a broken heart. Many of the problems that Your Life Counts deals with are the side effects of psychotropic medications that were prescribed with good intent however the side

Suicidal ideation, compulsion to self harm, confusion, depression, other physical illness are some of the side effects caused by some medications. It is important to note that most people do benefit from psychotropic medications but it's also important to note the dangers.

To find out more about the signs to look for in people who may be suicidal and what to do visit [www.yourlifecounts.org](http://www.yourlifecounts.org) Remember it takes just one reason to live to keep someone alive. We all have at least one reason to live. We may not readily know what our reason(s) to live is.

Your Life Counts has been working on the front lines since 2000 with a proven track record of helping people to rediscover their reason(s) to live and stopping suicide. YLC needs your help and support to continue our work.

Find out more at [www.yourlifecounts.org](http://www.yourlifecounts.org)  
and [www.yourlifecountsmilitary.org](http://www.yourlifecountsmilitary.org) Rory  
Butler is Founder & CEO of Your Life Counts!  
International Inc – a Canadian registered  
charity since 2000 CRA # 135891257RR0001



## Canadian Treatment Services:

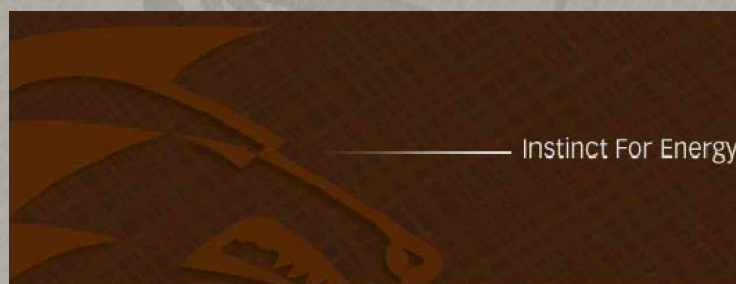
<http://www.ccsa.ca/Eng/KnowledgeCentre/OurDatabases/TreatmentServices/Pages/default.aspx>

## Canadian Addictions Organizations:

<http://www.ccsa.ca/Eng/KnowledgeCentre/OurDatabases/AddictionsOrganizations/Pages/default.aspx>

## Directory of the National Native Alcohol and Drug Abuse Program (NNADAP):

[http://www.hc-sc.gc.ca/fniah-spnia/substan/ads/nnadap-pnlaada\\_dir-rep-eng.php](http://www.hc-sc.gc.ca/fniah-spnia/substan/ads/nnadap-pnlaada_dir-rep-eng.php)



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# Increasing Opportunities to Share Inuit Culture and History

## Government of Canada Announces Funding to Inuit Heritage Trust

The Government of Canada is providing financial support to the Inuit Heritage Trust for its Cultural Heritage Interpretation Training project.

The Honourable Leona Aglukkaq, Minister of the Environment, Minister for the Arctic Council, and Minister of the Canadian Northern Economic Development Agency, today announced \$131,662 in funding on behalf of the Honourable Shelly Glover, Minister of Canadian Heritage and Official Languages.

### Quick Facts

- Through this project, the Inuit Heritage Trust will:
  - undertake community-based research to determine existing resources in the cultural heritage sector and identify opportunities for professionalization or expansion;
  - develop a curriculum designed to meet the training requirements of heritage workers in those communities; and
  - deliver an intensive seven-day training course to heritage professionals working in Nunavut communities.
- Project activities will take place in Iqaluit and various communities in Nunavut's three regions (Qikiqtaaluk, Kivallik, and

Kitikmeot), with the training course planned for delivery in Rankin Inlet.

- The Inuit Heritage Trust is dedicated to the preservation, enrichment and protection of Inuit cultural heritage and identity embodied in Nunavut's archaeology sites, ethnographic resources, and traditional place names.
- The Museums Assistance Program of the Department of Canadian Heritage provides funding to Canadian museums and related institutions for projects that foster excellence in museum activities and that facilitate access to the treasures of our collective heritage.

### Quotes

"Our Government is proud to support this project, which will help preserve and share Northern cultural heritage. By developing interpretive programs tailored to their regions, local heritage workers will create and increase opportunities for all Canadians to learn about the unique cultural history of the North."

*-The Honourable Shelly Glover,  
Minister of Canadian Heritage and  
Official Languages*

"This project will provide Nunavut heritage workers with additional tools and training to

effectively share Inuit culture and heritage with residents and visitors alike. I am proud to announce funding for a project that will contribute to the growth of our culture and, by doing so, increase economic opportunities in our communities."

*-The Honourable Leona Aglukkaq,  
Minister of the Environment,  
Minister for the Arctic Council, and  
Minister of the Canadian Northern  
Economic Development Agency*

"Inuit Heritage Trust is very pleased to receive the support from the Department of Canadian Heritage, whose financial assistance will considerably contribute to the success of such an important project to promote and interpret Inuit culture to Nunavummiut and visitors from outside of our territory alike. Our Cultural Heritage Interpretation Training project is a keystone to communicate Inuit identity within and across cultural boundaries, which is essential to both the healthy growth of our northern communities and a fruitful relationship with people who want to learn more about our homeland."

*-William Beveridge,  
Executive Director,  
Inuit Heritage Trust*



## New Blue Ribbon campaign supports prevention of youth suicide

**VOICESofVISIONS in association with the Saskatchewan Metis Nation, will be instrumental in creating awareness in regards to youth suicides Nationally.**

We need some support and sponsorship to accomplish this important goal. Please help this very important project. VOICES of VISIONS along side with the MN-S is launching a new campaign aimed at training trainers to help prevent suicide amongst youth. The Blue Ribbon campaign was recently launched.

"We are eager to launch this initiative as part of our comprehensive youth suicide prevention strategy," said MN-S President Robert Doucette. "The Blue Ribbon campaign is designed to allow all communities to take ownership and control over suicide prevention and intervention."

A Blue Ribbon will represent the campaign and be distributed to raise awareness of the program and its goals. A Training Manual and Tool Kit have been developed as the vehicles for taking the program into communities and raising awareness around the issue of youth suicide. VOICES of VISIONS will be instrumental in distributing these materials.

"This program has been created to support the unique needs of our communities and expands the capacity that already exists," noted Sandra Youngchief, Interim Director of MN-S Health. "We are looking forward to getting these materials into the hands of facilitators and service providers across the country."

Community-based, community-driven, and inclusive, the Youth Suicide Prevention Strategy's Blue Ribbon campaign represents the potential for healthier communities and is based on sustainable solutions and plans for action.



**Voices of Visions Publications**  
**FRANCOIS BEAUDIN - Editor & Chief**  
**613-491-0406**  
[www.voicesofvisions.com](http://www.voicesofvisions.com)



**CONTACT  
EXPLORATION INC.**

## Building *a Bright Future*

Contact Exploration began a new chapter 4 years ago in April 2010, recapitalizing and introducing a new management team. At that time the Company was focussed almost exclusively in Atlantic Canada, where it had secured solid assets, yet historically had struggled to secure success.

The new management team was able to attract additional shareholders and raise enough funds to drill new wells into the Stoney Creek Oil Field, a light oil accumulation in New Brunswick that was first discovered a hundred years earlier and boasts being Canada's second oldest oilfield. The new wells were quite successful, effectively demonstrating much life left in this petroleum asset.

More importantly, success enabled Contact to move forward with additional strength and renewed cash flow. The Company followed up these new wells, by confirming a new oil accumulation in a Company mapped pool, approximately 9 kilometers south in a structure called Hopewell. New upside was quantified with the drilling of this well in 2011, building additional success into the Contact's portfolio.

Concurrent with this activity, Contact began to assess a significant gas accumulation, also on lands held in New Brunswick. Following a series of tight gas analyses and evaluations, the Company engaged Schlumberger and subsequently GLJ Petroleum Consultants to assist in quantifying the volumes of gas on

acreage held. Ultimately GLJ concluded that their best estimate for undiscovered resources in place was approximately 11 Tcf of gas within one of two units observed to be gas-bearing; the Carboniferous aged Frederick Brook Member. In 2013, Contact signed an agreement with Pieridae Energy, an energy infrastructure development company, to jointly develop natural gas in Atlantic Canada which could potentially become



*Steve  
Harding  
President /  
CEO*

feedstock for an LNG terminal Pieridae is planning to build in Nova Scotia.

With a mandate for growth, Contact began looking west for new opportunities and ultimately focussed attention on the Deep Basin in Alberta. Following much technical review, the Company centred its interests into the Kakwa area, where it believed in both Montney reservoir development and the presence of condensate-rich gas. Contact initially secured a 50% interest in 7 sections, however two and a half years later the Company has acquired

interest in 80 sections with Montney rights (66 net sections to Contact).

Contact began its Montney exploration program approximately 2 years ago early in 2012, with the first well targeting the Middle Montney interval in the land block held at East Kakwa. The initial well tested 8.3mmcf/d with 1150 bbls/d free flowing condensate, exceptional performance and a catalyst for further development. Contact is now drilling its eleventh well into this block and participated in one non-operated well. All wells have demonstrated superior production performance and the level of free condensate has been amongst the highest seen in wells across the region, averaging 162 bbls/mmcf.

The Company currently holds 86 sections of land within the Deep Basin of Alberta, including the lands at East Kakwa. Since Contact's wells were first drilled, dozens of successful competitor wells have been drilled in the area, further demonstrating widespread viability to the Montney reservoir. Contact believes that several other zones both within and outside of the Montney will also prove to be commercial and is currently evaluating this potential across the lands that it holds.

Contact became re-energized 4 years ago and has since secured much success in its properties both East and West. The growth curve continues to be steep and the Company is driving towards an exciting future.

**TSX Venture - CEX.V**

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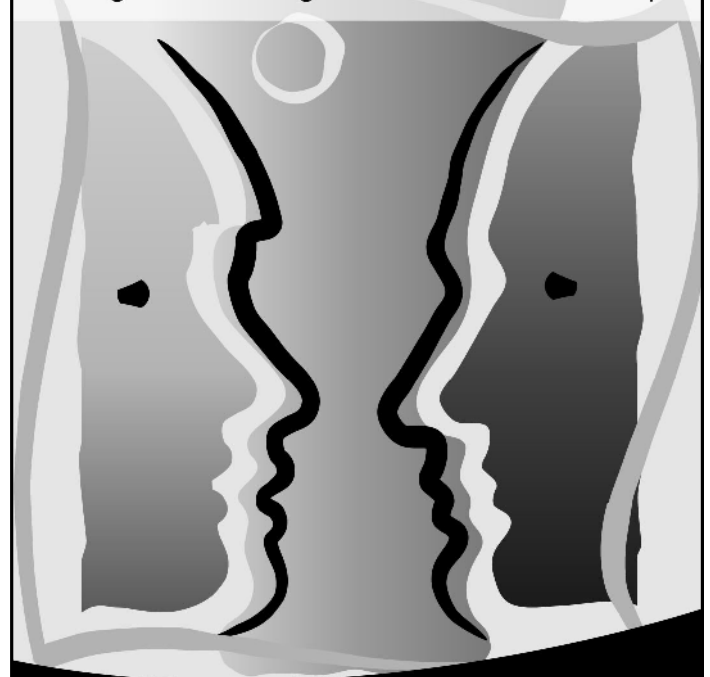
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## Quebec Gold Explorer Transitioning to Near Term Production

GOLD BULLION DEVELOPMENT CORP has made a significant discovery of near-surface mineralization at Granada. The Company continues to pursue a “rolling start” production scenario near term.

1.6 million ounces measured and indicated resource with 1 million ounces inferred all at 1.0 gram per tonne. Next resource target is 1-2 million ounces at 3 grams per tonne.



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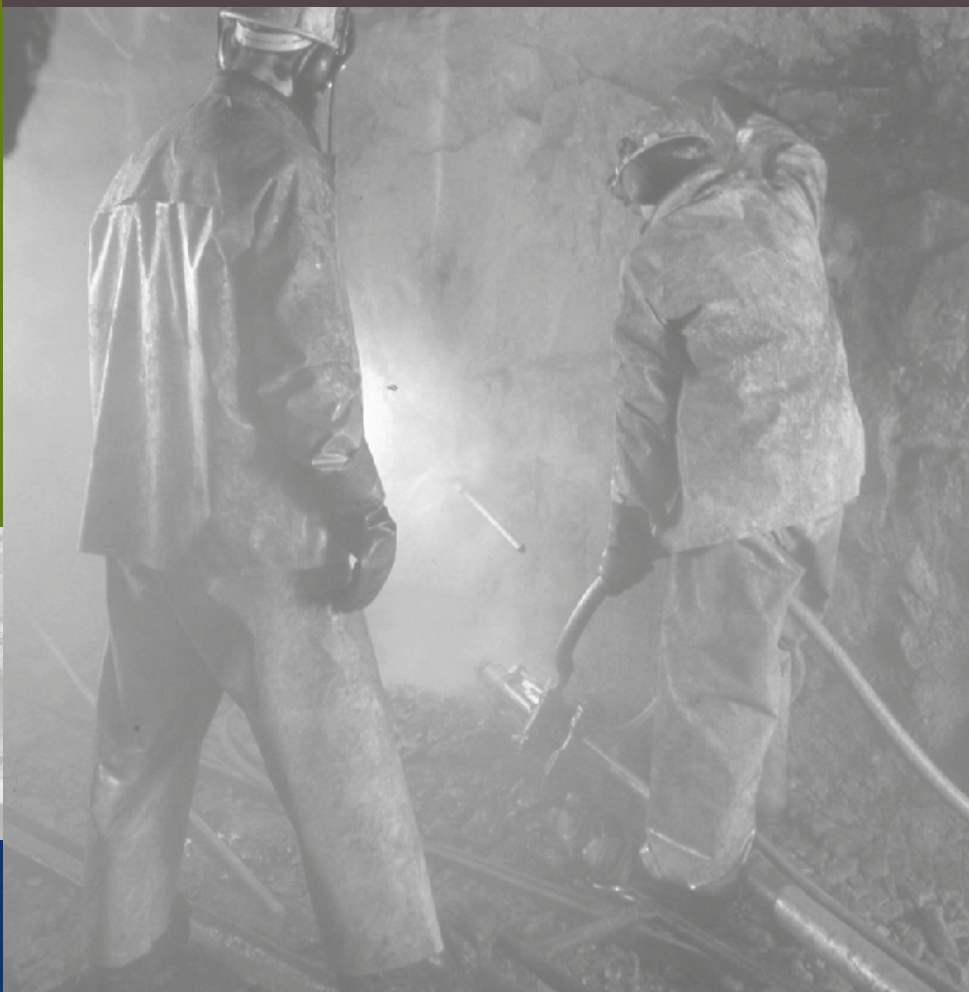
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