

# Voices of Visions

**FIRST NATION & INUIT RESOURCES EDITION**

Winter 2017

## **Fission Uranium**

*The push for more  
clean energy*

## **CASP**

*Suicide Prevention*

## **David Suzuki**

*Feed-in tariffs help  
renewable energy*



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THE CREE MINERAL  
EXPLORATION  
BOARD



CONSEIL CRI SUR  
L'EXPLORATION  
MINÉRALE

**Subject: Cree Mineral Exploration Board**

The Cree Mineral Exploration Board was created as a result of the signed agreement (Paix de Braves) between the Cree Nation and the Quebec Government. A five year implementation agreement was signed for funding purposes between the Cree Regional Authority, Cree Mineral Exploration Board and the Quebec Government.

The main purposes of CMEB includes amongst others the following:

- 1) assist the Crees in accessing mineral exploration opportunities;
- 2) facilitate the development of mineral exploration activities;
- 3) Facilitate and encourage the access by the Crees and Cree Enterprises to regular Quebec program funding and other encouragements for mineral exploration activities;
- 4) Act as an entry mechanism for offers of services by Crees and Cree Enterprises in the field of mineral exploration.

Furthermore and according to the Annual Program of Activities – CMEB (2003-2004), the board promotes, initiate and support training programs, and furnish assistance to job development, placement. The CMEB provides also geological and geosciences based expertise to the communities and the individual exploration. This includes guidance to the geosciences data and environmental impacts assessment.

**If you are a Cree and are considering to submit a proposal to the CMEB please get in touch with the Chief Geologist Youcef Larbi in Wemindji at 819 978 0264 extension #327.**



[www.cmeb.org](http://www.cmeb.org)





The push for more clean energy continues to move forward. The world is still heavily reliant on coal, oil and gas, all of which create enormous pollution, but wind and solar are gaining traction and so is one other crucial, clean energy: nuclear. When it comes to powering national grids, the only clean energy that can provide the large, stable supply needed is nuclear. It has a low operating cost and is fueled by something that Canada has a lot of... uranium. Canada is the world's second largest uranium producer and, in the province of Saskatchewan, you will find the richest uranium deposits on earth. You don't need much of it to run a nuclear reactor. In fact, just one uranium pellet, which is not much larger than a dime, generates the same amount of energy as 2000 lbs of coal or three barrels of oil.

So it's not surprising that there is a nuclear reactor construction boom underway. Currently, there are 447 operable reactors around the world. At time of writing, 60 new reactors are already under construction, 164 more have been ordered or are planned and an additional 347 have been proposed. Today's nuclear energy sector is growing and it's growing fast. The same can't be said for uranium production. While countries around the world are building new reactors, uranium producers are shutting down (such as Cameco's Rabbit Lake mine) or reducing their operations and exploration for new uranium deposits has almost ceased entirely. In fact, the world's largest producer, Kazatomprom, announced in January that it will be cutting production by 10% this year. The reason? Low uranium prices. They are so low that some producers cannot make enough to break even and so production and exploration is has slowed dramatically. However, this situation isn't going to last.

The realities of supply and demand mean that at some point there'll be more power companies trying to buy uranium than there

is actual uranium available. Exactly when that will occur isn't certain but most industry experts believe it will happen within the next three years. Prices will rise and suddenly producers will be scrambling to increase production levels. For that, we're going to need new uranium deposits that can be turned into new mines. Finding economic uranium deposits – those that will in time become mines – is one of the hardest tasks in the resource exploration industry. It may surprise you to know that uranium is actually one of the most abundant elements in the earth's crust. However, most uranium deposits are so low grade it's uneconomic to extract them. Once you do succeed in finding an economic deposit, you're looking at a very long road before you can turn it into a mine, due to one of the toughest permitting regimes in the mining industry. With an estimated ten years from discovery to production, uranium producers won't have time to find new deposits to meet increasing demand - they will have to scoop up those that have already been discovered.

### **Laying the Foundations for Clean, Low-Cost Energy.**


When that happens, there's a good chance it will be in Saskatchewan's Athabasca Basin region, where a discovery in 2012 by award-winning Canadian exploration company, Fission Uranium, has resulted in the first high-grade uranium resource in Canada that is near surface and hosted in bedrock – the Triple R deposit. In four years of drilling and with a Preliminary Economic Assessment (PEA) report highlighting the potential for low-cost production, this shallow-depth uranium deposit has become a jewel of the uranium sector. The discovery has resulted in an ongoing exploration boom that injected new life and energy into the local economy. In recent years, tens of \$millions have been spent in the region, which in turn has created

a level of demand for staff and services that hasn't been seen in the Western Athabasca region for nearly 40 years – when the first major discoveries were being made in the Basin. As one of the most active exploration company in the region, community support and development are important aspects of how Fission operates and the company's management and technical team have ties with the local community that stretch back as much as 30 years. During the drilling seasons, the company directly and indirectly through contractors can employ over 80 skilled workers from the northern region—from geology technicians and drillers to carpenters, truckers and security.

Thanks to Fission's success, there are many other exploration companies now active in the area and another major discovery has been made close to Fission's PLS project, which has led to further employment for the community. Fission's on site base of operations – Big Bear Camp – one of the largest, and the most-established, camp in the south west area of the Basin. It's run by members of the River Dene Nation and much of the camp's equipment, not to mention all of the team housing, is provided by companies from the local community. Employment isn't the only area Fission continues to deliver on. The company also sponsors educational programs for local youths and local sports teams.

The company has already begun a new exploration program aimed at making new discoveries at PLS and continuing to grow the Triple R deposit. The company has identified a number of high-priority prospects at the project and the steady flow of positive drill results every year since discovery shows that it's still early days at PLS. That's a good thing for the uranium industry, for Fission and for the local community.





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to making the future  
a better place.**



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**WEST HIGH YIELD**  
R E S O U R C E S

## *West High Yield Resources planning a Green industrial Revolution: Magnesium Mine*

Junior exploration company, West High Yield (W.H.Y.)\_Resources Ltd. [WHY-TSXV], is aiming to take its Record Ridge Magnesium project into production. Discovered in 2007, the project is 8 km -southwest of Rossland, in southern British Columbia.

Frank Marasco, President and CEO, said, “We are in a pro-mining town, with full infrastructure in place. It will be an open pit [operation] and we are very happy with this world class discovery.”

W.H.Y retains 100% of the mineral rights at Record Ridge, and are in the process of obtaining permits and surface rights. The serpentine-hosted magnesium deposit has been traced down to an average depth of 135 metres below surface and is open in all directions and to depth.

Marasco commented, “This world class discovery is 7.5 km<sup>2</sup> in size and it’s a one rock ultra-mafic unit that starts at surface... this is just the tip.”

W.H.Y. established a P.E.A. NI 43-101 in 2013 based on 52 holes drilled between 2007 and 2011 ----Combined measured and indicated resources are ~43 Million tonnes averaging 24.6% Mg and, using a 21.9% cut-off grade, total magnesium oxide contained

10.6 Million tonnes. The mine plan uses conventional open pit methods with production of approximately 1 Million tonnes per year for a 42-year mine life. Also in 2015, obtained permits for extraction of a 10,000-tonne bulk sample. According to Marasco, “We are looking at 1 year from now to complete environmental assessment, environmental baseline and permitting”. We are going to start off small – probably 2,900 tonnes per day. In the big picture that is a very small operation, and a very nice setup.” Magnesium alloys continues to grow in usage in the automotive industry, helping manufacturers continue to reduce vehicle weight. Magnesium has many other uses including: batteries, cement, wallboard, fertilizer, and pharmaceutical.

Due to its relative light weight (33% lighter than aluminum, 75% lighter than steel), a reduction in CO<sub>2</sub> emissions will be indirectly attributed to its use as an alloy in the transport industry. At Record Ridge, mineralization is related to elevated magnesium content in serpentinized ultramafic rocks. Alternate magnesium sources include extraction of magnesium from magnesite, dolomite, karnelite, and

brines. “Out of the five types, the lowest CO<sub>2</sub> emissions producer is magnesium serpentine (because) the host mineral is a silicate, not a carbonate,” said Marasco. “This makes us part of the new green industrial revolution and we should be proud of producing the product that will be making the world a better place by reducing CO<sub>2</sub> emissions.” Thus far, WHY has received a letter of intent regarding future purchase of up to 100,000 tonnes annually of magnesium ingots for use in manufacturing of rail hopper cars.

W.H.Y. is currently pursuing financing (\$1.5 million) for obtaining a Mining Permit. During 2016 W.H.Y. made considerable progress on completing its: Environmental Assessment, Environmental Baseline studies along with Mine plan and Permit Application.

W.H.Y. has engaged SRK consulting, Greenwood Environmental and Drinkard Metalox supporting the permit applications.

The outlook for WHY, according to Marasco, is very positive, “We are encouraged about our progress to date and look forward to securing Mine permits and commencing operations.”





# West High Yield (W.H.Y.)Resources Ltd. Your Future Supplier of Magnesium Products

Contained 10,590,000 Metric Tonnes MgO

[www.whyresources.com](http://www.whyresources.com)

TSXV: WHY

**Location:** Record Ridge South Property is 10 km SW of Rossland, British Columbia, Canada

**Mineral:** Ultramafic deposit—hosting an average of 24.61% Magnesium over an explored area of 1000m X 600m on the Company's 7.5 km<sup>2</sup> discovery property.

**Ownership:** 100% ownership of 7,891 contiguous hectares which could support open pit mine and processing facility.

**Infrastructure:** Full infrastructure including established roads/highways, electrical power, water and natural gas. Supporting industries in close proximity, close to Canada/US border, nearby rail access and closest port is Vancouver, B.C.

**Status:** 10,590,000 Metric Tonnes Measured & Indicated of contained Magnesium based on completed P.E.A., NI 43-101 by SRK Consulting Engineers of Denver Colorado.



## Your future Magnesium supplier

### Management Team

Frank Marasco Jr. — Director, President and CEO  
Dwayne Vinck, CA - CFO -Director  
Patricia L. Nelson-Director  
Ian F. T. Kennedy , P.Eng /P. Geo - Director  
Rick Walker, P. Geo - Geologist

### Auditors

KPMG LLP (Calgary, AB)

### Legal Counsel

Bennett Jones LLP (Calgary, AB)



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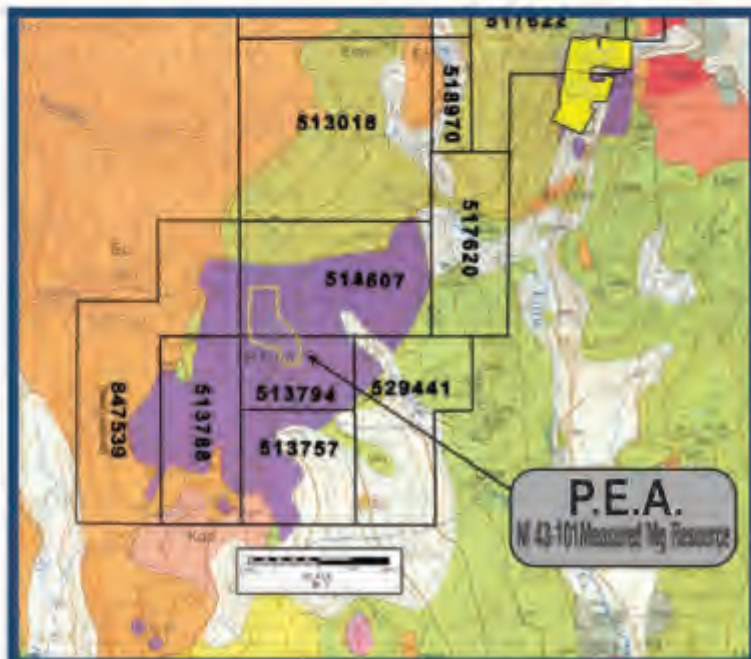


# West High Yield (W.H.Y.) Resources Ltd. Your Future Supplier of Magnesium Products

Contained 10,590,000 Metric Tonnes MgO

www.whyresources.com

TSXV: WHY



## Applications of Magnesium

### Magnesium Alloys

- Automotive and Aircraft Industries: over 100 different components due to light weight components of magnesium that lead to better fuel economy.
- Aerospace and Defence Industry: Lightweight properties of magnesium improve performance of aircrafts, vehicles, armor and equipment.
- Consumer Goods Industry: electronics (mobile phones, laptops, flat screen TVs) and sporting goods (bicycle frames, ski bindings and tennis rackets).

### Magnesium Oxide (MgO) Board - Magnesium Batteries

- Factory-made, non-insulating sheathing board product used in the construction industry.
- Low tech and energy-friendly product. Reduces deforestation.

### Magnesium Cement

- Environmentally friendly, non-toxic cement.
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- Never rots as it expels moisture, absorbs CO2 emissions when setting.

## Risks and Disclaimer

West High is a pure exploration company with risks pertaining to, among other things, commodity price and foreign exchange fluctuation, geological factors, reliance on third parties and services and access to markets. The information contained in this report was obtained from sources the Company believes to be reliable. We do not represent that such information is accurate or complete and it should not be relied upon as such. Any opinions expressed herein reflect our judgement at this date and is subject to change. This report is not to be construed as an offer to sell or a solicitation to buy securities in the US or Canada.





## Government must do more to address First Nations' *water woes*

Neskantaga First Nation in Ontario has had to boil water since 1995. "We're over 20 years already where our people haven't been able to get the water they need to drink from their taps or to bathe themselves without getting any rashes," Neskantaga Chief Wayne Moonias told CBC News in 2015. Their water issues have yet to be resolved.

They're not alone. In fall last year, 156 drinking water advisories were in place in First Nations in Canada. More than 100 are routinely in effect — some for years or decades. According to a 2015 CBC investigation, "Two-thirds of all First Nation communities in Canada have been under at least one drinking water advisory at some time in the last decade."

Water advisories vary in severity. A "boil water advisory" means residents must boil water before using it for drinking or bathing. "Do not consume" means water is not safe to drink or consume and a "do not use advisory" means water is unsafe for any human use.

Water on First Nations reserves is a federal responsibility, but "severe underfunding" (in the government's own words) for water treatment plants, infrastructure, operations, maintenance and training has led to this deplorable situation. Canada has no federal standards or binding regulations governing First Nations' drinking water.

After years of pressure from First Nations and Indigenous and social justice organizations, the Liberal party promised in its 2015 election campaign to end all First Nations' long-term drinking water advisories within five years of being elected. In 2016, the new government's budget included \$1.8

billion over five years, on top of core funding for First Nations' water infrastructure, operations and management. Funds have gone to help Neskantaga and other communities, but money is not enough. If the federal government is to fulfil its commitment to ending advisories in five years, it must reform its system.

The David Suzuki Foundation and Council of Canadians have published a report card rating government's progress on meeting its commitment in nine First Nations in Ontario, which has the highest number of water advisories in Canada. The "Glass half empty?" report found advisories in three communities have been lifted or will likely be lifted within five years. Efforts are underway in three other communities, but uncertainty lingers about whether they'll succeed within the five-year period. Three others are unlikely to have advisories lifted within five years without reformed processes and procedures. And in one community that had its advisory lifted, new drinking water problems emerged, illustrating the need for sustainable, long-term solutions.

It's unacceptable that so many First Nations lack clean water and face serious water-related health risks -- especially for children and the elderly -- in a country where many people take abundant fresh water for granted. The United Nations recognizes access to clean water and sanitation as human right, and Canada has further obligations under the UN Declaration on the Rights of Indigenous Peoples.

The report card concludes that the system for addressing unsafe drinking water is overly cumbersome and must be streamlined, First

Nations must be have more decision-making power to address community-specific drinking water issues, and government must increase transparency around progress and budgetary allocations. It calls on government to redouble its efforts to advance First Nations-led initiatives, fulfil its fiduciary responsibility to First Nations, respect the United Nations Declaration on the Rights of Indigenous Peoples, and ensure the human right to safe and clean drinking water.

The federally funded Safe Water Project is one example of a First Nations-led approach. The Keewatinook Okimakanak Tribal Council started the initiative in 2014 in response to long-term advisories in four of six member nations. The project keeps management at the community level and includes training and certification of local water operators, operational support while local water operators pursue certification, and remote water quality monitoring technology.

The project's success illustrates the benefits of a local approach. Community-specific, traditional and cultural knowledge are integral to developing lasting solutions. Because the federal government holds the purse strings, it calls most of the shots and often overlooks knowledge held by community members. This needs to change.

Clean drinking water on reserves is not just an Indigenous issue. It's a human right and it should concern all of us.

Written with contributions from David Suzuki Foundation Senior Editor Ian Hanington.



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## *Monarques Gold Intersects 8.41 G/T Of Gold Over 25 Metres (83 Feet) On Gold Bug*

*“Discovery significantly enhances the  
potential of the Croinor Gold project”*

On January 24, 2017, Monarques Gold Corporation (TSX-V: MQR) was pleased to report the results of a new near-surface discovery hole from its 2016 winter drilling program on its wholly-owned Croinor Gold project. The hole was drilled in the Gold Bug sector, discovered in 2015 and located less than 500 metres of the Croinor Gold deposit.

Hole CR-16-521 returned anomalous to economic grades from a shear zone at least 170 metres long vertically. The largest intersection returned 8.41 g/t Au over 25 metres, including 36.10 g/t Au over 3 metres and 39.35 g/t Au over 2 metres. The intersection is shallow, from 29 to 54 metres down the hole. The hole also returned other notable intersections, with 0.47 g/t Au over 28 metres (from 82 to 110 metres), 1.13 g/t Au over 15 metres (from 141 to 156 metres) and 1.81 g/t Au over 3.15 metres (from 165.85 to 169 metres). The reported lengths are core lengths, as the true lengths cannot

be estimated. High grades were cut to 70 g/t Au, the same grade used in the Croinor Gold deposit resource estimate. The 10,000-metre drilling program was completed at the end of 2016 and included drilling on the Gold Bug sector to follow up on results obtained earlier in the year.

“The results for Hole CR-16-521 combined with those from the 2015 program significantly enhance the potential of the Gold Bug sector and of the Croinor Gold project as a whole,” said Jean-Marc Lacoste, President and Chief Executive Officer of Monarques. “These results support our conviction that the Croinor Gold property remains relatively unknown over its vast 150 km<sup>2</sup> area and could well contain other ore deposits like the Croinor Gold deposit.”

### **Prior results on Gold Bug**

On June 8, 2016, Monarques Gold reported on the results of its initial 2016

drilling program on the Gold Bug gold-bearing structure.

The goal of the program was to test the continuity of the Gold Bug zone along strike and at depth by drilling a series of short holes no more than about ten metres apart due to the erratic nature of the mineralized system, which contains free (visible) gold. The program was carried out in April, and consisted of 774 metres of drilling in nine holes.

Four holes drilled under and into the northeast extension of the structure (CR-16-473, CR-16-474, CR-16-478 and CR-16-479) intersected the Gold Bug gold-bearing structure. Note that the gold in the structure is erratic in nature, and although all the holes intercepted the structure, the gold values obtained do not always reflect the visual aspect of the core. Visible gold is still the best indicator of high grade.

The program was also successful in



identifying the northern contact of the porphyry. The contact between the porphyry and the volcanic rocks to the north is sheared and cut by a mineralized quartz vein. The two western holes that intersected this contact (CR-16-475 and CR-16-476) returned significant gold values, and visible gold was seen in CR-16-475, the more westerly of the two holes, where a grade of 19.5 g/t Au over 1 metre was obtained.

#### **Gold Bug showing discovery**

The Gold Bug showing lies 500 metres east of the Croinor Gold deposit and was discovered by drilling in the fall of 2015. Hole CR-15-463 intersected a 6-metre zone near surface containing 40% slightly mineralized quartz-carbonate-tourmaline veins in an altered felsic intrusive. Several grains of visible gold were seen within the

zone, which assayed 236.47 g/t Au over 1 metre.

Follow-up work in December 2015 confirmed the continuity of the Gold Bug gold zone. Three holes were drilled with the goal of better understanding the area and replicating the results of the previous phase. The holes were drilled in a fan arrangement around Hole CR-15-463, with Hole CR-15-469 drilled parallel to Hole CR-15-463 but 17 metres to the northeast, Hole CR-15-470 positioned to intercept the gold structure below Hole CR-15-463 and Hole CR-15-471 drilled to the west. Visible gold was seen in two of the three holes in a quartz-carbonate-tourmaline vein system that was similar in every respect to the system intercepted previously. Hole CR-15-469 returned a gold grade of 4.46 g/t over 10.49 metres, including 33.28 g/t over 1.0 metre. Hole CR-

15-470 also returned a sample that contained visible gold but only assayed 0.14 g/t over 1.0 metre. Hole CR-15-471 intersected a less well-developed fracture system with a few quartz veins.

#### **Abot Monarques Gold Corporation**

Monarques Gold is a growing junior gold company focused on becoming the leading explorer and developer of gold properties in the Val-d'Or/Abitibi gold camp in Quebec, Canada. The Corporation currently has approximately 200 km<sup>2</sup> of gold exploration properties along the Cadillac Break, as well as its main asset, the Croinor Gold mine, which has great potential to become a producing mine. Monarques Gold is well financed and has close to \$9 million in credits from Quebec's Ministry of Energy and Natural Resources.



**Explor**  
Resources Inc.

TSX.V: **EXS**

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**Explor Resources Inc.** is a gold and base metals exploration company with mineral holdings in Ontario, Quebec and Saskatchewan. The company is currently focused on exploration in the Abitibi Greenstone Belt of Ontario and Quebec, where more than 180 M ounces of gold and more than 450 Mt of Cu-Zn ore have been found to date. Explor's total land position in the Abitibi Greenstone Belt is approximately 21,800 hectares. Explor also owns 1,991 hectares of mining claims in Saskatchewan and 250 hectares in New Brunswick.

**[www.explorresources.com](http://www.explorresources.com)**



# DIABETES CANADA

*Canadians with diabetes  
deserve a life free of fear.*

In February 13, the Canadian Diabetes Association became Diabetes Canada to shine a brighter light on diabetes and rally Canadians to stand with the one in three Canadians living with diabetes or prediabetes.

"Diabetes Canada and the movement to End Diabetes bring to life our vision of Canadians with diabetes living a life free from fear of stigma, discrimination, and the complications that often come with this serious disease," says Diabetes Canada President and CEO, Rick Blickstead. "End Diabetes is our rallying cry to stop the health impacts of diabetes as well as its shame, blame and misinformation. Canadians living with both type 1 and type 2 diabetes tell us they often feel scared, angry, frustrated or overwhelmed. We need to create greater awareness about the realities of living with diabetes."

Diabetes Canada launched End Diabetes through a campaign using the real words of people with diabetes put to song. The

accompanying music video stresses the emotional toll of living with diabetes. The video and song will generate conversation about diabetes to make this invisible epidemic visible.

"We know the daily challenges of managing diabetes can have a negative effect on the mental health of those living with the disease," says Diabetes Canada's Chief Science Officer, Dr. Jan Hux. "Fear of stigma and discrimination is a reality for people living with diabetes and many don't want to admit they have the disease. People suffer in silence and this new campaign invites Canadians to think about diabetes in ways they never have before."

Diabetes Canada will champion issues related to diabetes stigma in other ways, including funding related research, such as the work of Dr. Jonathan McGavock at the Children's Hospital Research Institute in Manitoba, who is looking at stigma in Aboriginal youth living with type 2 diabetes.

"Stigma was identified by youth with type 2 diabetes, and their parents, as their primary concern at home, at school and in their community. Stigma affects their wellbeing and mental health very negatively," says Dr. McGavock of his work.

The End Diabetes campaign aims to engage all Canadians from coast to coast and increase understanding, awareness and empathy for the 11 million Canadians living with or at risk of this chronic disease, and asking everyone to join the movement.

"Diabetes Canada and End Diabetes—two simple phrases—two powerful ways to help Canadians in ways they need and deserve," adds Blickstead. "We look forward to Canadians joining us on this next, exciting chapter."

Visit [enddiabetes.ca](http://enddiabetes.ca) to view the music video and show your support for Canadians living with diabetes. For more information on diabetes visit [diabetes.ca](http://diabetes.ca) or call 1-800-BANTING (226-8464).



Get back to the basics with a new resource

The Canadian Diabetes Association introduces *Just the Basics*, a handy fact sheet to help you and your family eat healthier to prevent or manage diabetes. Find it at [diabetes.ca/basics](http://diabetes.ca/basics)

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# Anthropocentric view ignores *crucial* connections

*By David Suzuki*

For decades, scientists have warned that we're on a dangerous path. It stems from our delusion that endless growth in population, consumption and the economy is possible and is the very purpose of society. But endless growth is not feasible in a finite biosphere. Growth is not an end but a means.

Humans are one species among countless others to which we are connected and on which we depend. Viewed that way, everything we do has repercussions and carries responsibilities. That we are part of a vast web is a biocentric way of seeing that we've followed for most of our existence. But in assuming the mantle of "dominant" species, we've shifted to thinking we're at the centre of everything. This anthropocentric perspective leads us to imagine our needs and demands supersede those of the rest of nature.

The failure to see our interconnectedness and interdependence is most striking in the

way we manage government affairs. Forestry, environment and fisheries and oceans ministers' priorities are not to protect forests, the environment or fish and oceans, but to rationalize our actions and ensure that whatever we do benefits us.

In an anthropocentric world, we attempt to manage important factors through separated silos, shattering the sense of interconnection. We draw arbitrary lines or borders around property, cities, provinces and countries and try to manage resources within those boundaries. But salmon may hatch in B.C. rivers and migrate through the Alaskan panhandle along the coasts of Russia, China, Korea and Japan before returning to their natal streams. To whom do they "belong"?

How do we manage monarch butterflies born in Ontario that travel through numerous U.S. states into Mexico? Grizzly bears are protected as an endangered species in the U.S. but can be shot if they cross into Canada.

This absurd disconnection was illustrated when provincial first ministers and the federal government met to discuss climate change and health in December. It was an opportunity to recognize the enormous health implications and costs of climate change. Instead, talks proceeded as if the two subjects were unrelated.

The repercussions of a mere 1 C rise in global average temperature over the past century have been enormous. In 2015, climate negotiations in Paris were meant to signal a shift away from fossil fuels to prevent an increase of more than 2 C this century. Though the Paris commitment dictates that most known deposits must be left in the ground, governments like Canada's continue to support new pipelines and continued exploitation of fossil fuel reserves. Efforts by Canada, the U.S. and other major greenhouse

gas emitters have been so minimal that scientists now openly discuss global temperature rises of 4 to 6 C this century. Because we can't seem to curb our emissions, many suggest we must geoengineer the planet!

As top predator, our species remains dependent on clean air, water and soil and biodiversity, making our ability to survive catastrophic planetary disruption questionable. Surely that should be a top line in discussions about health.

At the December meeting, having ignored the effects of climate change on health, our political representatives simply assumed health-care costs will rise steadily (they have) without attempting to understand the cause. Instead, they focused on provincial demands for and federal resistance to annual payment increases. But health costs can't continue to rise indefinitely.

We are accelerating degradation of the very source of our lives and well-being — air, water and soil — through massive use of pesticides, artificial fertilizers and literally tens of thousands of different molecules synthesized by chemists. Scientists suggest up to 90 per cent of cancer is caused by environmental factors. It's lunacy to ignore widespread and pervasive pollution as a primary health hazard. What we put into the biosphere, we put into ourselves.

If we want to keep health costs from rising, we should focus on keeping people healthy rather than dealing with them after they're sick. The highest priorities must be to stop polluting the biosphere and clean up what we've already dumped into it. Most importantly, we have to rid ourselves of anthropocentric hubris and return to the biocentric view that we are biological



David Suzuki



## *Breaking new ground with First Nations and Environmental and Social Responsibility*

Castle Silver Resources Inc. owns a 3,300 hectare property formerly known as the Castle Silver Mine. The property was a past-producing silver mine near the northern Ontario community of Gowganda, Ontario which is situated 85km northwest of the historic Cobalt silver mining camp.

This former Castle Silver Mine property is acknowledged to be situated within the traditional territories of two primary First Nations.

### **First Nations Agreements**

When Castle Silver Resources Inc. acquired the property on September 15, 2015, it inherited two memorandums of understanding with First Nations entered into by Granada Gold Mine Inc. (formerly Gold Bullion Development Corp.).

The memorandums of understanding inherited are two agreements:

- An agreement with Matachewan First Nation
- An agreement with Temagami First Nation and the Teme-Augama Anishnabai.

The agreements were entered into by the former owner of the property, Granada Gold Mine Inc. (formerly Gold Bullion Development Corp.) to achieve responsible and progressive development of exploration projects since they are located within the traditional territories of two First Nations.

Castle Silver Resources Inc. continues to honour and maintain these relationships with

a view of ensuring that any development carried out at the Castle Silver Mine will be consistent with fulfilling the nature of the agreements as they were originally entered into.

### **Environment and social responsibility**

The Ontario Ministry of Northern Development and Mines implemented voluntary rehabilitation provisions in November 2012 for companies not responsible for creating mine hazards on properties they now own or control.

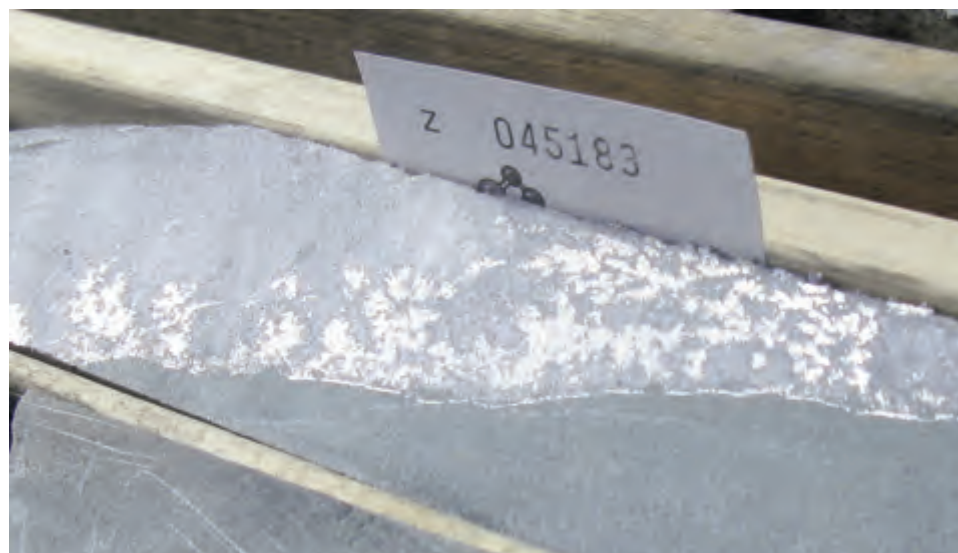
Castle Silver was one of the very first companies to submit an application under this program that allows rehabilitation work free of any liability with respect to any pre-existing environmental issues.

As Castle Silver is a former producing mine, existing underground openings and surface structures had become hazards for individuals working in and using the area for recreational purposes.

Castle Silver spent considerable time and funds rehabilitating known hazards on these leased and staked grounds including the re-sloping of waste piles around surface openings, repairing damaged protective fencing, waste rock screening and the back-filling of an open shaft.

Management remains committed to environmental standards that exceed those required by law as a core value of the Company. Ongoing monitoring will ensure environmental and safety standards are met at the highest feasible standards.

### *Drill core showing high-grade silver mineralization*







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## *Perry Bellegarde* *AFN National Chief*

Perry Bellegarde was named AFN National Chief on December 10, 2014. He has spent his entire adult life putting into practice his strong beliefs in the laws and traditions instilled in him by the many Chiefs and Elders he has known over the years. Passionate about making measureable progress on the issues that matter most to First Nations people, National Chief Bellegarde is a strong advocate for the implementation of Inherent Aboriginal and Treaty Rights. Widely known as a consensus builder with a track record of accomplishment, he brings community people, leaders, Chiefs and Elders together to focus on working cooperatively to move issues forward.

National Chief Bellegarde is from the Little Black Bear First Nation, Treaty 4 Territory. He served as Chief of the Federation of Saskatchewan Indian Nations and Saskatchewan Regional Chief for the Assembly of First Nations. He has also served as the Tribal Chair of the Touchwood-File Hills-Qu'Appelle Tribal Council, Councillor for the Little Black Bear First Nation and Chief of Little Black Bear First Nation.

Some of the projects that National Chief Bellegarde has facilitated on behalf of First Nations include:

- Negotiating the addition of 250 gaming machines to the Saskatchewan Indian Gaming Authority (SIGA) resulting in a pathway for the long-term financial stability of the FSIN
- Facilitating negotiations between the FSIN and the Province of Saskatchewan that resulted in the 25-year Gaming Agreement

- Leading Little Black Bear (LBB) First Nation out of 3rd party management within 8 months of being elected Chief
- Facilitating LBB's re-qualification for CMHC housing after a 13-year period of no new housing
- A national multi-million dollar compensation package for First Nations veterans and their spouses
- The successful settlement of the specific claim resulting in the restoration of the Treaty lands in Fort Qu'Appelle to reserve status for Treaty Four First Nations
- The transfer of the Fort Qu'Appelle Indian Hospital to First Nations control, which resulted in the building of the multi-million dollar All Nations Healing Hospital

In 1984, Bellegarde became the first Treaty Indian to graduate from the University of Regina with a Bachelor of Administration. In March 2012, he graduated from the Certified Corporate Board Training through The Directors College sponsored by the Conference Board of Canada and McMaster University's DeGroote School of Business.

National Chief Bellegarde's candidacy for National Chief of the Assembly of First Nations was based on a vision that includes establishing processes for self-determination; recognition of inherent Aboriginal and Treaty rights; the revitalization and retention of indigenous languages; and establishing a new relationship with the Crown – one that removes the long-standing 2% cap on federal funding.

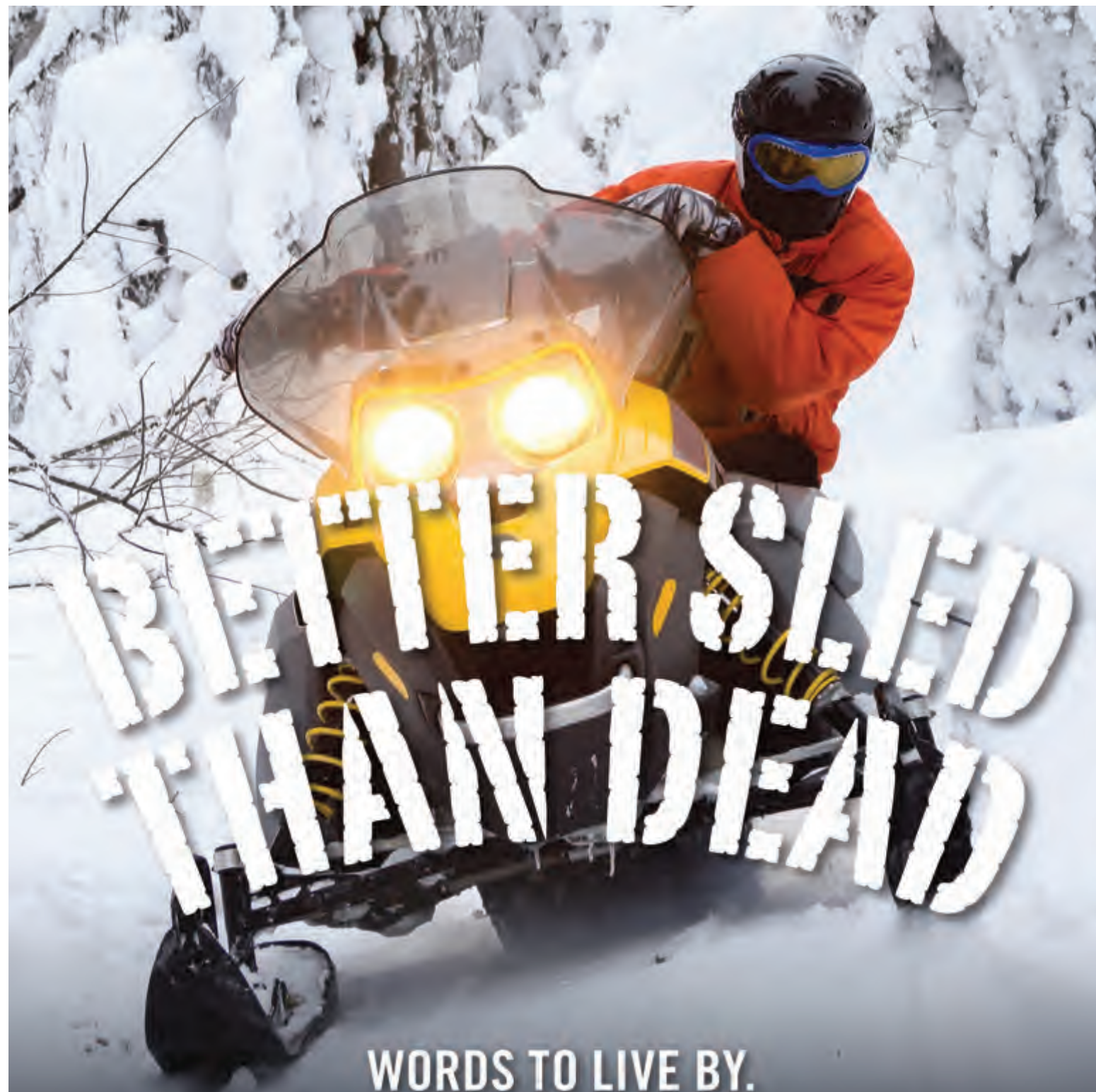
National Chief Bellegarde believes in upholding Indigenous rights as human rights

and does so in international forums. Most recently, he spoke at the United Nations World Conference on Indigenous People in New York. He has called on the Prime Minister to launch an immediate inquiry and to develop a plan of action on Canada's Missing and Murdered Indigenous Women and Girls.

National Chief Bellegarde is the recipient of the Queen's Jubilee Medal (2012), Saskatchewan Medal (2005), Queen's Jubilee Medal (2002) and Confederation Medal (1992). He has been honoured by several Chiefs and Elders who have acknowledged him as their adopted son. He honours them by carrying their teachings forward as he works diligently toward the implementation of Inherent Aboriginal and Treaty rights, self-determination and a shared vision for the future.







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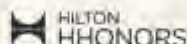
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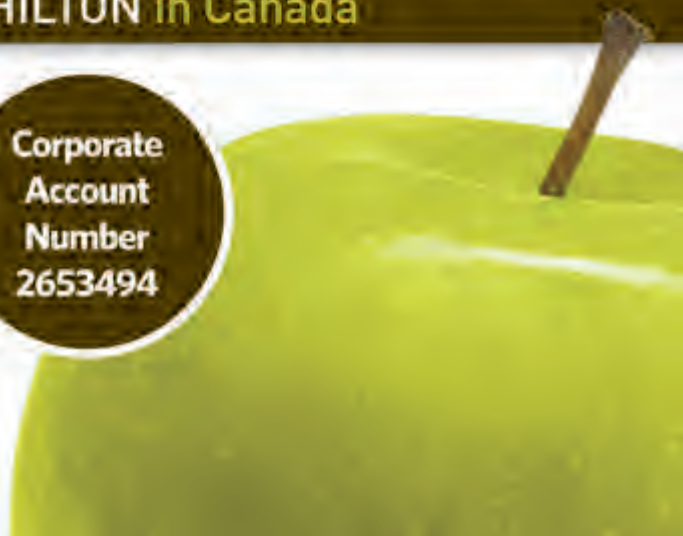
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## Cartier Resources: *Sticking to what works and striving to make it better*

Cartier Resources starts 2017 with the wind in its sails. The company recently attracted the endorsement of Agnico Eagle Mines Limited, an industry leader. With Agnico's investment, Cartier intends to continue the adventure to add value to its projects in the diligent and thoughtful manner it has done thus far. 2017 year will see dynamic exploration consisting of diamond drilling of robust targets that aim grow its gold resource potential. The approach allows the Company to pursue its goals of outlining an economic gold deposit close to infrastructure in the most expedient manner possible.

Philippe Cloutier, President and CEO of Cartier explains the spirit of the strategy, "The best place to find a mine is under or near a mine." And that is why Cartier explores in an area where discovery is a tradition, the Abitibi.

The Abitibi Greenstone district in Quebec makes this very possible. Most of the mines in the district, until the late 1990s were relatively shallow, less than 1000 meters deep. But as the district revived in the early 2000's, exploration and mining went deeper. The dozen success stories of the last decade in the Abitibi have all been "renaissance" type plays. That is: projects where earlier efforts had led to discovery and locally to partial

deposit delineation and sometimes mining but that a variety of negative economic environments or corporate decisions ended up shelving the property.

The recent mining market low provided Cartier with several unique acquisition opportunities which were inexpensive to buy and had significant exploration potential. One example is the Chimo Mine project. For \$261,000, Cartier bought a 400,000 gold-ounce past producer. "in 1997, It didn't run out of ore," said Cloutier, "production was halted because gold was \$275 an ounce!"

As soon as the ink was dry on the purchase documents Cartier got to work. The team reviewed all the historical data and built a digital model of the deposit in order to fully assess the near shaft potential to find more ore. The work led to the design of a series of very robust diamond drill targets focused on drilling for delineating the extensions of eighteen (18) gold zones and drilling for exploration of a dozen (12) targets with good discovery potential for new gold zones.

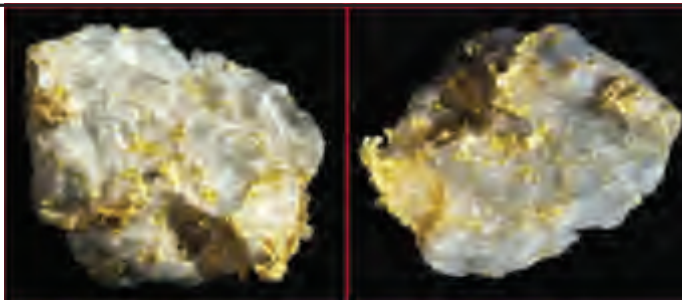
In 2017, Cartier's team will embark on a program that will have it test several targets. Deep directional drilling will aim to confirm high grade and wide mineralization continuing at-- depth below the most productive zone of the mine – Zone 5M. As well another rig will test the potential of many

gold zones at depths ranging between 250 and 750 meters. Two objectives are sought; to test near-mine workings potential at depth and laterally and to follow-up on new gold discoveries from previous near end-of-mine exploration programs.

The Chimo Mine project offers fundamental elements that help a project move rapidly towards development if sufficient ore is found. It's a 30-minute drive from a bustling full service town with local infrastructure, hydropower and a well-qualified workforce. For an advanced exploration stage project location is just as important. The company can attract high quality workers and with much lower costs and craft simplified logistics to get the job done.

Cartier also applied its strategy of acquiring good assets at low prices on four other projects, namely Benoist, Wilson, Fenton and Cadillac Extension. Cartier will stick with a formula which has worked for years for junior mining explorers and it plans to make it better by using cutting edge technology and doing things right.

On a final note, Cartier wishes to express that it supports Voices of visions and the "Blue Ribbon Campaign" - Helping Create Awareness Regarding Aboriginal & Inuit Suicides.



Visible Gold from Chimo Mine, 108.4 g/t Au / 2.0 m, Zone 5M, Level 17  
Courtesy of Mr. Tony Brisson, mine geologist, 1995

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## GIN-COR GROUP LOOKING TO SERVE REMOTE COMMUNITIES AND INDUSTRIES

Gin-Cor President and CEO Luc Stang says it's time to start servicing remote areas, with the best built, best backed heavy duty and vocational trucks and trailers.

"Gin-Cor has had phenomenal success across Ontario and in other provinces, now we want to assist mining, exploration and remote areas. There are parts of the country that are overlooked or neglected and we don't think that's right. Every project and every community should have access to quality products and services," says Stang.

"The first step is to explain what we do," he says. "The Gin-Cor Group, which includes Gin-Cor, Durabody Industries and JC Trailers Design & Fabrication, builds customized work trucks & trailers that workers want to drive, and owners want to own."



Gin-Cor has built its reputation on a wide range of products. "We are well known for snow plows, dump trucks, dump bodies, crane trucks, and specialized heavy haul trailers. We put mud flaps with our Gin-Cor logo on most of our vehicles and that image is seen on worksites, highways, construction projects, you name it. Now we want to see it in more remote and rural areas, on mining and exploration sites and in communities that might not have been as well served with a variety of quality trucks and trailers," he adds.

"We're hoping to introduce ourselves through our first appearance here, in the VOICESofVISIONS publication" says Stang.



"You need healthy communities, and we saw the VOICESofVISIONS Blue Ribbon Campaign as something worth supporting, by appearing in this magazine. Raising awareness of the tragedy of youth suicides nationally is a noble effort."

Stang says one part of the story that was impressive was seeing the progress that had already been made. "It was great to learn that there was a 3% drop in suicides thanks to the initial efforts. 3% may not sound like a lot to some people, but when you realize these are lives that are being saved, and families that aren't feeling pain and tragedy, you understand how every single number matters."

When Stang speaks about families, it hits home, because Gin-Cor started as a small, family-run business in tiny Mattawa, Ontario. The community is about 45 minutes outside of North Bay, which in turn is around a 3 hour drive North East of Toronto.

Stang tells the story with great pride. "Since 1978 Gin-Cor has built the best vocational and severe service trucks on the road. Innovation, quality, service and warranty are what set Gin-Cor Industries apart. Initially known as Gingras Corriveau, it started as a local welding and repair shop in Mattawa as

a partnership between Robert Corriveau, Philippe Gingras and Louis Gingras. In 1986 it expanded to include truck body sales and installation."

15 years ago, Stang, a nephew of Robert Corriveau, purchased the company and has aggressively grown it with success after success. In addition to its expanded Mattawa facility, the company has grown to include locations across Ontario in Carleton Place, Kingston, Dryden, Gloucester, Bond Head, and Keswick.

Others are taking note of the company, as it has received a slew of awards, recognition and milestones.

In September of 2016, the company earned a spot, for the second year in a row, on one of the nation's most prestigious business lists. Canadian Business and PROFIT ranked Gin-Cor No. 370 on the 28th annual PROFIT 500, the definitive ranking of Canada's Fastest Growing Companies. Published in the October issue of Canadian Business and at PROFITguide.com, the PROFIT 500 ranks Canadian businesses by their five-year revenue growth. Gin-Cor



Industries made the 2016 PROFIT 500 with five-year revenue growth of 134%.



In October, the North Bay & District Chamber of Commerce named Gin-Cor as the 2016 Large Business of the Year, at a gala evening. That was also a repeat of sorts, as the company earned the same honour, out of several hundred member businesses, back in 2012.

2012 was also the year Stang was named "Entrepreneur of the Year" at the prestigious NOBA (Northern Ontario Business Awards).

And just before Christmas, the company received more accolades, after being nominated for a 2016 Private Business Growth Award, a joint initiative of Grant Thornton LLP and the Canadian Chamber of Commerce. While Gin-Cor didn't make the final list, they placed highly and their huge impact to the regional economy was celebrated at a special event hosted by Grant Thornton.

At the time, local Grant Thornton Partner Glen Weckwerth had high praise. "We couldn't go without recognizing the impressive achievements of Gin-Cor. Today's ceremony was to thank Gin-Cor for their

leadership, growth, and economic impact in the region. They've accomplished a lot and this is a way to celebrate that," he said.

Stang never forgets that it takes a team spirit to win, and always ensures any recognition is shared with their 175 employees. "We're honoured to get noticed, but it's important to say that any accolades belong to every single member of our teams, across our company. We strive to continually improve. Our employees are the heart and soul of what we do, providing great products and services to our customers. When you see that Gin-Cor logo on a vehicle in front of you, that means you're seeing the end result of the hard work our men and women put into every job."

And now that rural and remote locations are targeted for Gin-Cor, Stang says the company is ready to serve harsh climates and terrains. "Here's the best thing about building and installing our snow and ice products in Northern Ontario. To test equipment in the worst weather available, all we have to do is open the door. Our first customers were

close to home, from the north! So we built the products to withstand some of the harshest, cruelest and coldest winter weather known to mankind. With the benchmark being our own backyard, we know our snow and ice equipment will stand up to any winter weather, or terrain, above or below ground."

"From start to finish, we keep quality top of mind," he explains. "Bodies are sandblasted, epoxy primed and painted with high-grade Sherwin Williams Paints. We also feature the Colour-Match System to give you a professional look that impresses as much as the quality of the truck. Our entire product line-up is built and installed to demanding specifications. As with all installations from dump bodies to roll-offs, or snow and ice equipment, we only use the best available components. So-called 'clone parts' and 'just as good as' parts don't cut it here. We buy the best from companies like Viking-Cives, Falköping and Michel Gohier."

"At Gin-Cor we know that the best way to keep you happy is to keep you working." Adds Stang, with a smile.



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## The Canadian Association for Suicide Prevention *Conference*

This conference will be of relevance and interest to all who practice and contribute in and the areas of social and individual wellness, suicide prevention and the reduction of suicide. The topics and learnings will consider similarities and unique aspects regarding suicide reduction from Canadian and world perspectives, with an emphasis on best practices, innovation, and solutions.

It is widely recognized that suicide statistics across Nunavut and Nunavik have become the highest in the country. The Premier of Nunavut has declared suicide a 'territorial crisis'. With the recent suicide inquest in Nunavut, the need for a conference to address suicide was noted as relevant and essential. Nunavummiut are grappling with why so much suicidal behaviour continues to occur, and what can be done to address this phenomenon. While Kamatsiaqtut recognizes that there is no one solution or action, there is a strong need to demonstrate recognition and awareness that something needs to occur towards continued dialogue, determination for solutions and institution of actions.

The theme of Hope, Help and Healing has specific objectives and goals. Sessions were

solicited and selected based on these three themes. Appreciating that suicide is the topic, the conference's overarching goal is to enable participants to explore solutions for embracing life by developing, supporting, sustaining and encouraging positive lifestyles; considering, developing and acquiring knowledge, skills and attitudes for better addressing suicide ideation; and networking with the anticipated 500 participants and presenters towards the cause of suicide reduction and life affirmation.

Hope sessions focus on approaches, methods and situations that include an optimistic attitude of mind, and that are based on an expectation of positive outcomes related to events and circumstances encountered in one's life and the world at large.

Help sessions focus on approaches, methodologies, actions and situations that have made it easier, less severe, and more successful towards the reduction of suicide.

Healing sessions recognize and focus on approaches that include potential resolution to a degree that affected individuals are able to lead a fulfilling existence without being overwhelmed by trauma, and life's prior and

current situations that are causing personal distress.

The conference's three days will have daily plenary sessions and panels that explore the following topics, in relation to the hope, help and healing themes:

- 1) The Inuit Tapiriit of Kanatamit's (I.T.K.) National Inuit Suicide Prevention Strategy
- 2) Canada's Truth and Reconciliation Commission report and recommendations
- 3) The National Inuit Youth Council's vision and beliefs

A significant belief of the conference planning committee is conveying that we all have a role in suicide reduction and life promotion. While successful actions and approaches will sometimes be attributed to, or necessary from an individual or group, no one individual, group or organization can address suicide reduction in isolation. It is a collective issue.

C.A.S.P. 2017 Hope, Help and Healing is an opportunity for participants and presenters to explore, share and develop their knowledge, skills and attitudes towards the reduction of suicide.





## *The Nemaska Lithium Whabouchi Mine a Collaborative Eco-Friendly Mine Design and Important Future Employer in the Cree Territory*

The Whabouchi Mine Project is located 30 km east of the Cree community of Nemaska and 280 km north-west of the municipality of Chibougamau, in Northern Quebec, and lies entirely in the territory governed by the James Bay and Northern Quebec Agreement, i.e. Eeyou Istchee James Bay.

### **Designed in Partnership with the Cree for the Benefit of All**

Nemaska Lithium is currently building the Whabouchi mine, from which it will extract and produce spodumene concentrate from an open-pit and underground mine. The concentrate will be shipped to a transformation plant in Shawinigan, Quebec, where it will be converted into high-purity lithium hydroxide and carbonate for the ever-growing lithium battery market. As part of the project's development, Nemaska Lithium initiated First Nations and public information sessions and discussions early in the exploration stage to give communities the opportunity to provide valuable input into the mine design and layout.

In light of the input received from the Cree Nation of Nemaska, Nemaska Lithium designed a mine that took into account key issues including mine waste management as well as water management (i.e., the project components of greatest concern for the Nemaska Eénou). While accounting for the

many constraints prevailing on site, the principle objectives were as follows:

- Reduce the amount of mine infrastructure to be built;
- Concentrate infrastructure near the ore deposit; and
- Minimize the project's ecological and social footprint.

In the current mine design, all stockpiles, basins and effluents are located away from the nearby lake and camps. At the same time, efforts were made to reduce wetland loss; to ensure only one mine final effluent; to reduce the visual impact associated with the waste rock and tailings pile on land users and neighbouring Cree camps; and to avoid any deviation of the existing roads.

By incorporating the input of local communities in the planning stages, Nemaska Lithium has been able to minimize its impacts on the surrounding environment while forming the basis for strong partnerships and relationships with the Nemaska Eénou.

### **A New Employer in the Cree Territory**

Once the Whabouchi Mine is in operation, Nemaska Lithium will quickly become a large and important employer in the Cree Territory. To start production in Q1 2018, Nemaska Lithium has identified about 130 direct job opportunities at the mine site. The Company, as per the Chinuchi Agreement it

signed in 2014 with the Cree Nation of Nemaska, the Cree Nation Government and the Grand Council of the Crees Eeyou Istchee, is committed to optimizing the recruitment of Cree employees from Nemaska and Eeyou Istchee. Nemaska Lithium is currently focusing on training programs that will provide the necessary skills to employ Crees in value-added jobs at the mine site. Critical training is needed in Trucking Class 1; Northern Heavy Equipment Operation, including trucking (NHEO); Drilling and Blasting; and Machine Operation and Metal and Mineral Processing (MOMMP). Training programs will be offered in partnership by Nemaska Lithium, the Cree Human Resources Dept. (CHRD), the Cree School Board and the Cree Nation of Nemaska. Programs are expected to start by the end of April 2017. This valuable training will ensure that the local population is given every opportunity to gain the skills required to be empowered and valuable employees.

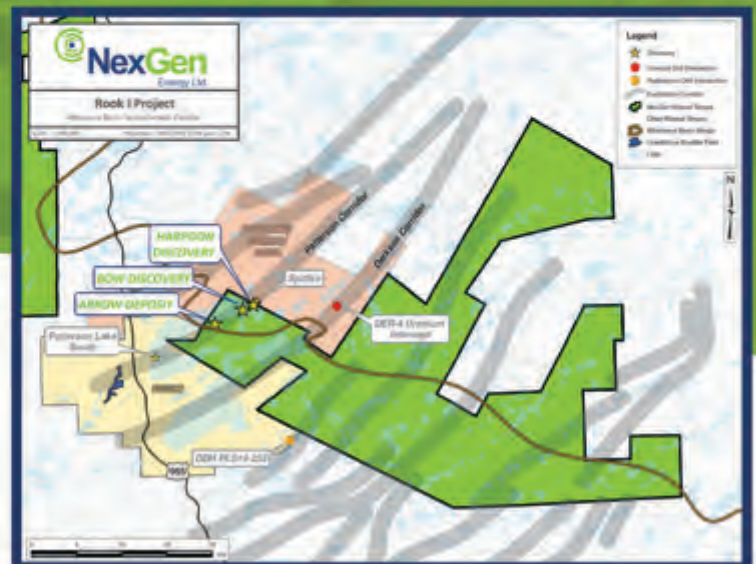
The Company is building an environmentally friendly mine that respects Cree values while creating employment close to home. By doing so, Nemaska Lithium believes that modern socially and environmentally responsible mining can create economic prosperity and diversity while respecting Cree knowledge and culture.



### **Whabouchi Lithium Mine to Power the Future**

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# YLC restores hope and reconnects individuals with their *reasons to live*



## Your Life Counts

YLC restores hope and reconnects individuals with their reasons to live, when the apparent hopelessness of their situation may cause them to feel suicidal. Here's a true story that speaks to real day to day experience found in First Nation, Inuit and the general population – In Canada and around the world.

\*Pete is a seemingly fun loving and carefree 18 year old. He is good looking, fit and physically strong.

He plays hockey and could be selected to play on a provincial team.

He maintains good grades at school and has opportunity for further education.

His peers may well be envious of him, believing the world is his oyster.

What few people knew was that Pete was struggling with low self esteem, panic attacks and crippling anxiety. He was cutting himself and was unable to explain why he did it other than it helped 'dull his pain.' That begs the question, what was the cause of his pain?

According to Pete, his anxiety started when he was about 5 years old. His father was an alcoholic who struggled to hold down a job and act responsibly as a husband and father. Pete's elder brother and younger sister shared his experience of growing up with a parent who became angry and violent toward them and their mother. Pete was often the focus of this anger and was often hit with a fist or anything handy, whether on his body or over the head.

Pete's father didn't spare the verbal assaults either, telling him he was 'a good for nothing piece of s\*\*\*', and 'a loser.'

When Pete hears verbal abuse coupled with physical assault, it is not surprising that

he mistakes the current situation (as if it's the past) and reacts to everyone who reminds him of his father. He continues to live out the trauma. Further, Pete minimized the emotional abuse unaware that in fact emotional blows were much more damaging than the physical assault.

Pete insisted to YLC that his father did not beat him, using the term 'hit' instead, believing 'hitting' to be the lesser of two evils. It takes time and help for a child to own the correct term, abuse, and all that damage means to their life.

The constant tension in the household led Pete's mom to finally decide to leave about 7 years ago. She divorced her husband when Pete was 15. While Pete was relieved, he was bereft with grief at the loss of what he held close and dear - his family.

Pete's relationship with his mother and siblings is very good. As with any family fleeing an abusive person, they are protective

of each other. Pete has not seen his father for over 2 years and realizes his father causes him to feel waves of anxiety that he neither understands or can manage. He has chosen not to see him.

When Pete contacted YLC he was caught in a cycle of grief over his losses and was not coping with his waves of anxiety and anger.

In 2016, Pete's anxiety escalated to the extent that he felt he had no reason to live. He had gone to see his GP and had been prescribed anti-depressants. Shortly after starting the medication, Pete's anxiety spiked.

In desperation and feeling suicidal, he reached out to YLC. He believed his only option was suicide. YLC listened closely and helped Pete understand the medication was very likely exacerbating his anxiety.

For the first time in his life, Pete felt he was being listened to and taken seriously by YLC. He opened up to us in ways that were humbling but enlightening. YLC was able to help Pete understand why he struggled with low self esteem, self harm and self loathing. For Pete, these insights were revelations. He had been unable to reach out and to unpack and understand this until he connected with the safety of YLC.

YLC listened intensely and helped Pete discover new ways of coping through trust and relationship building, and to establish boundaries in his life as he recovered his self esteem and self worth.

Today, Pete is not taking medication. He now understands his experiences with his father were abuse, and were not his fault. He understands his future is not defined by his past and is no longer held hostage to what he experienced. Pete is looking ahead with



Rory Butler

optimism and growing enthusiasm. YLC has never ceased to reassure Pete that he will make it through.

Pete chose to write a letter of forgiveness to his father, to read it aloud to his mom and to burn it. He did not reopen his wounds with his father, but in speaking out forgiveness he released himself from the bitterness and pain that had almost taken his life.

#### In Pete's words:

"When I said to YLC that I was suicidal, I meant every word. I hated my life and I hated everything that had been said and done to me by my dad. I hated him. When YLC told me that suicide would not be the end of things I didn't understand. But they explained to me that friends and family who lose a loved one to suicide are themselves 7 times more likely to die by suicide, it kind of stopped me in my tracks. I hadn't thought about that. The thought of my mom being hurt and my brother and sister too...and the possibility that my suicide might cause their suicide woke me up. Everything that YLC said to me from that point onwards became very important to me. They helped me understand that I have my life to live. They helped me to grab my reasons to live. WITHOUT YLC I WOULD NOT BE HERE TODAY. Everyone needs YLC. I will always be grateful to them."

*\*name changed to protect privacy*

#### Suicide – recognizing the symptoms:

Often contemplation of suicide is a result of someone being overwhelmed by a variety of life circumstances. If you know what to look for there are generally signs and symptoms that someone may be in that danger zone. What are those signs and symptoms and how should we react once we spot the signs or symptoms in our loved ones or ourselves?

Symptoms that an individual is contemplating suicide often coincide with those of depression and can often vary, but such symptoms are treatable. Often, the onset of symptoms is slow and therefore goes unnoticed. Even the person himself or herself may assume that he or she is just transitioning into a "normal stage of life"

where relationships and experiences are no longer as interesting or exciting as they once were. It's a time to be careful.

Depression and thoughts of suicide can be triggered by a huge variety of causes. These include setbacks or disappointments in life, loss, divorce or breakup, money worries, medical illness, family history and genetics, trauma, stress (ranging from unemployment to marriage), low self-esteem (ranging from body image to school reports), living conditions, medical disabilities, etc. etc. Any one of these causes or a combination of several can contribute to depression, often combining both physical incapacity and emotional stress.

The checklist below is intended to help you or a loved one talk things through with your health care provider. It is not a substitute for support from a health care professional. Recognizing early warning signs will help you or a loved one find the support that's needed to overcome depression.

- I have moods that I would describe as sad, anxious or "empty" and this feeling lasts for a long time.
- I feel hopeless, pessimistic or recognize I battle with low self-esteem.
- I feel guilty and/or worthless.
- I have lost interest in things I once enjoyed, such as hobbies, sport or fun activities.
- My sleeping habits have changed and I sleep too much or can't get a good night's sleep.
- My eating habits have changed and I eat way more or way less than I used to.
- My weight has changed and I've lost or gained a noticeable amount of weight.
- I have less energy, feel tired, listless and run down.
- I have begun to procrastinate, have let things drift and tasks that were once simple now seem difficult to me.
- I constantly feel that "life isn't worth living like this."
- I have thought about death or suicide, or have even attempted suicide.
- I feel restless, irritable, my temper is bad and I can't relax even when I take time off.
- It's difficult for me to concentrate, remember or make decisions.

- My mind has an uncontrolled "sad" feeling and I have negative thoughts I can't control.
- I have persistent physical symptoms (e.g., headaches, digestive disorders, chronic pain, etc.) that doesn't respond to medical treatment.
- I can't turn off my anxiety and I worry uncontrollably about small things.
- I have a difficult time making small talk and I'm slowly isolating myself from other people.
- My family has a history of depression, alcoholism or nervous breakdowns.
- I talk about suicide and/or write stories or create art focusing on the theme of death.

*Suicide is never the answer.*

*It never is.*

*Why?*

Because the overwhelming pain deep inside doesn't end with suicide.

It transfers... to our loved ones and our friends.

They then get to live with those feelings for the rest of their days...

And many won't make it.

Because survivors of suicide loss are at a 7 fold increased risk for suicide themselves.

That's the legacy of suicide.

What are your reasons to live?

What/ who is important to you?

The greatest thing you can do for your loved ones and friends is stay alive - no matter what.

If you are feeling suicidal, talk to someone you know. Don't try to cope alone. It is ok to get help. If you know someone who is suicidal, get help. It is better to do the right thing and get help than it is to ignore your instincts that someone you know is likely in serious danger.

For further help and contact resources please visit us at [www.yourlifecounts.org](http://www.yourlifecounts.org)





# CANADIAN RED CROSS

## Promoting Healthy Relationships in Nunavut

*The Red Cross is proud to be a partner in the community*

The Canadian Red Cross is a recognized symbol of aid across Canada. Whether helping to prevent injuries, drowning, and abuse, improving health and wellness or responding to disasters and conflict. One of the areas the Red Cross specializes in is the building of healthy relationships. In fact, last

year alone, the Red Cross offered violence, bullying and abuse prevention workshops to nearly 700,000+ Canadians.

In any community, people can be at risk of violence. It has been reported that 1 in 5 Canadian children report being bullied

regularly. People are at risk of experiencing acts of violence including abuse, exploitation, bullying or harassment. One of the communities served by the Red Cross Respect Education program is Nunavut where, working with the local leaders, a variety of programs and supports have been identified



and are now provided in the community. Creating and maintaining healthy relationships is an important program for the Red Cross and one that has helped create lasting results in the North.

“When we work with communities, the most important thing is that we are invited to work in partnership. As we work together, the priorities and programming that rolls out is driven from within the community,” says Sarah Burke, Senior Manager, Community Integrated Development for the Canadian Red Cross. “We take a long-term approach to our work focussing on building strong relationships within the community, starting with the elders and leaders on down to children and youth. We learn so much from the communities and, in turn, we share a breadth of programming from disaster and

emergency preparedness to first aid, babysitting and all forms of violence prevention.”

In April 2016, the Red Cross and the Saskatchewan Roughriders went to Nunavut to give Beyond the Hurt presentations where they reached 1,500 youth, teaching the foundations of healthy peer relationships. Maani Ulujuk Ilinniavik high school in Rankin Inlet also celebrated Pink Day in April with activities led by Youth Facilitators who organized stations for all high school students on bullying prevention.

Respect Education: Promoting Respect, Preventing Violence in Nunavut consists of educating health, education and community staff in an integrated program on topics of violence and bullying prevention and healthy relationships. A special process called Ten

Steps for Creating Safe Environments is designed for community leaders and elders to develop their own Safety Action Plans. These plans not only include Respect Education programs but also First Aid certification for teachers, Babysitting Training for youth and Disaster and First Aid Kits for the community. The Red Cross is partnering with Embrace Life Council (ELC) to ensure that communities have access to this full spectrum of training.

The health and safety of all communities in Canada, which includes building communities free from abuse and violence, is just one way the Red Cross is working to help Canadians. To learn more about creating and maintaining healthy relationships and communities visit [redcross.ca](http://redcross.ca)

## DISASTERS CAN HAPPEN ANY TIME,

often without warning. In Canada, many First Nation, Métis and Inuit communities are particularly vulnerable to natural disasters and some remote northern communities deal with forest fires and floods every year.

When community members are prepared, they are better able to cope with an emergency and they help to make their community more disaster-resilient. Follow the three simple steps below to ensure you and your family are prepared in the event of an emergency.

### 1 KNOW THE RISKS

Learn about the types of emergencies that could happen in the area where you live.

### 2 MAKE A PLAN

Prepare a plan so that in an emergency, you and your family will know what to do.

### 3 GET A KIT

Prepare a home emergency preparedness kit in the event an emergency situation confines you to your home for a period of time. Also, prepare a 'grab and go' bag for you and your family members that can be taken with you in the event you have to evacuate. These two kits will help ensure you and your family remain healthy and safe during an emergency.



**CANADIAN  
RED CROSS**

Learn more at  
[redcross.ca/ready](http://redcross.ca/ready)







## *Update from the 2016 exploration programs*

OK2 Minerals (TSX Venture: OK) is pleased to provide an update from the 2016 exploration programs at the Pyramid project located 40km north of Dease Lake and the Kinskuch Project located 15 km northeast of Alice Arm all in northern BC.

The Phase 1 exploration program at the Pyramid Property consisted of geological and alteration mapping on the West and East Zones as well as regional scale mapping and prospecting along trend to the northwest and southeast limits of the property and a five hole, 664.7m RC drilling program.

Mapping and sampling on the West and East Zones revealed zoned alteration typical of porphyry copper-gold and epithermal gold deposits respectively. Regional work led to the discovery of two new zones: the Chili Zone in the SE portion of the property and Zone 37 which looks down on Highway 37 to the west of the West Zone.

Zone 37 is located 2.5km southeast of Highway 37 and is adjacent to the West Zone. It includes an area with epithermal expressions akin to the Brucejack deposit, including quartz stockworks and blow outs. The highest value from the area returned 83 g/t Au (2.67 oz/ton) and 0.47% Cu from a narrow (20cm) quartz-carbonate-chlorite vein. The zone lies at the edge of the previously completed IP geophysical surveys; further work will be required to follow up on this very high grade sample.

Late in the season, a 664.7m helicopter supported drill program was completed. All drill holes intersected anomalous intervals of mineralized intrusive rocks. In addition to analyzing the entire hole, each hole was scanned by a Terraspec Halo hand held instrument to identify if gold mineralization were associated to hydrothermal alteration. Anomalous readings for chlorite are associated with higher gold values thus indicated the important intensity of the hydrothermal alteration. The copper analytical values from the RC drilling are associated with anomalous chlorite readings thus indicating that the samples come from a primary porphyry environment.

The company is also pleased to announce the results from 16 rock samples collected during this season's exploration work at the newly acquired Kinskuch Copper-Gold Property located at the southern end of the Golden Triangle and 3 remaining grab samples from the East Zone at the Pyramid project in the northern end of the Golden Triangle. The Kinskuch project is located in northwestern BC at the southern end of BC's "Golden Triangle" approximately 50km southeast of Stewart and 15 km northeast of the road accessible, tide water community of Alice Arm. There is a logging-access road about 7 km west of claim boundary that extends from Alice Arm north to the Kitsault Power station.

### **Selected Highlights**

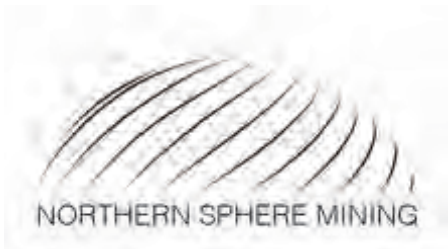
- Kinskuch grab sample D00014409 assays, 1.57 g/t Au, 35.9 g/t Ag, 0.91% Cu and 4.64% Zn
  - Kinskuch grab sample D00014410 assays 0.11 g/t Au, 14.5 g/t Ag, and 6.17% Cu
  - Pyramid East Zone grab samples up to 3.52 g/t Au, 7.87 g/t Ag, and 1.73% Cu
- Sampling within the Bonnie, Bonnie East, and Nickie Zones returned values as high as 4.7 g/t Au and 6.17% Cu. Grab rock samples were selected from both massive sulphide veins and disseminated mineralization. Sampling focused on recently-exposed outcrops at the toes of glaciers.

The Company also wishes to report assays from a further three grab rock samples which were collected from the Pyramid Property East Zone target, near previous sampling within a steep cirque. Sample EZ-001 returned the highest copper value on the Pyramid Property to-date with 3.52 g/t Au, 7.87 g/t Ag, and 1.73% Cu from quartz carbonate veining.

Previous work completed on the East Zone returned values up to 4.6 g/t Au and 11.5 g/t Au while the disseminated mineralization sampled at the zone returned values up to 0.90% Cu, and 1.1 g/t Au in silicified feldspar porphyry.

OK2 Minerals is planning comprehensive exploration programs on both Pyramid and Kinskuch for 2017.





## Northern Sphere Mining Corp. *Forward Looking*

This article includes certain statements that may be deemed “forward-looking statements.” All statements in this discussion, other than statements of historical facts, which address future production, reserve potential, exploration activities and events or developments that Northern Sphere (the “Company”) expects, are forward-looking statements. Such forward-looking statements include, without limitation: (i) estimates of future gold and silver prices, supply, demand and/or production; (ii) estimates of future cash costs; (iii) estimates of future capital expenditures; (iv) estimates regarding timing of future development, construction, production or closure activities; (v) statements regarding future exploration results; (vi) statements regarding cost structure, project economics, or competitive position, and; (vii) statements comparing Scadding gold and Black Diamond Silver to other mines, projects or metals. Although the Company believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not guarantees of future performance and actual results to differ materially from those in forward-looking statements. Factors that could cause actual results to differ materially from those in forward-looking statements include market prices, exploitations and exploration successes, continued availability of capital and financing, and general economic, market or business conditions. Investors are cautioned that any such statements are not guarantees of future performance, that the company expressly disclaims any responsibility for revising or expanding the forward-looking statements to reflect actual results or developments, and that actual results or developments may differ materially from those projected, in the

forward-looking statements.

All non-compliant historical resource estimates presented in this presentation are historical and were prepared before the introduction of National Instrument 43-101 – Standard of Disclosure for Minerals Projects (“NI 43-101”). These resource estimates may not be relied upon until they are confirmed using methods and standards that comply with those required by NI 43-101. The potential for the exploration target to replicate the historical resource, or to reach the indicated range of tonnages, is conceptual and is based on historical reports, which cite approximate lengths, widths, depths, grades, and projections of the historical resources. Readers are cautioned that a qualified person has not completed sufficient exploration, test work or examination of past work to define a resource that is currently compliant with NI 43-101. The Company further cautions that there is a risk that exploration and test work will not result in the delineation of such a currently compliant resource. Neither the Company nor its personnel treat the historical resource estimate or the historical data as defining a current mineral resource, as defined under NI 43-101, nor do they rely upon the estimate or the data for evaluation purposes; however, these data are considered relevant and will be used to guide exploration as the Company develops new data to support a current mineral resources estimate in accordance with the requirements of NI 43-101.

### Company Mission

Northern Sphere’s mission is to create value for its shareholders while respecting both the Environment and the Communities from which we operate.

Our vision is to position Northern Sphere as a profitable producer with a portfolio of quality assets within “Mining Friendly” regions.

To achieve this mission, we will:

- Expand current assets through aggressive brown fields exploration
- Conduct green fields exploration on significant Company held land packages
- Create value through merger and acquisition opportunities - seek late stage exploration, development and production projects in “Mining Friendly” regions

### Milestones : Next 12 Months

#### •Q1 -2017

- Mobilize mining equipment & site facilities
- Buckeye Mine -Develop and initiate Operations Plan-Arizona, US
- Regional exploration -soil sampling - Arizona, US
- Exploration drilling -Sudbury, Canada

#### •Q2 -2017

- 1st Production results -Buckeye Mine, Arizona
- UG diamond drilling -Buckeye Mine
- Exploration drilling -Sudbury, Canada

#### •Q3 –2017

- Diamond Drill results from Canada/US
- 2nd Production Results –Buckeye Mine

#### •Q4 –2017

- 20,000 tons of Buckeye ore stockpile
- 43-101 Resource Statement: Canada/US
- Begin Pre-Feasibility Study: Scadding Mine





# **Focused Development Sustainable Growth**

Northern Sphere Mining Corporation

**CSE: NSM**

# GGM GRANADA GOLD MINE

*Granada Gold Mine Inc. is clearly out front in working with the local community and First Nations in pursuit of solutions that honour legacies but also safeguard the environment now and for generations to come.*

## **Important understanding reached**

Local First Nations relationships are extremely important to the Company. Granada Gold Mine Inc. (formerly Gold Bullion Development Corp.) and Timiskaming First Nations have already entered into the second stage of their mutually beneficial relationship with the signing of a memorandum of understanding related to the Granada Gold Project.

The longer-term goal is to enhance economic development potential for members in the form of jobs, training and business opportunities associated with the planned gold mining, which is projected to last up to ten years, possibly longer.

## **Social responsibility meetings**

The Company set up a social responsibility committee and has held several meetings to date with the citizens nearest the proposed mine site.

- Granada endeavours to pursue solutions to address former legacies in a manner that

will safeguard the environment moving forward.

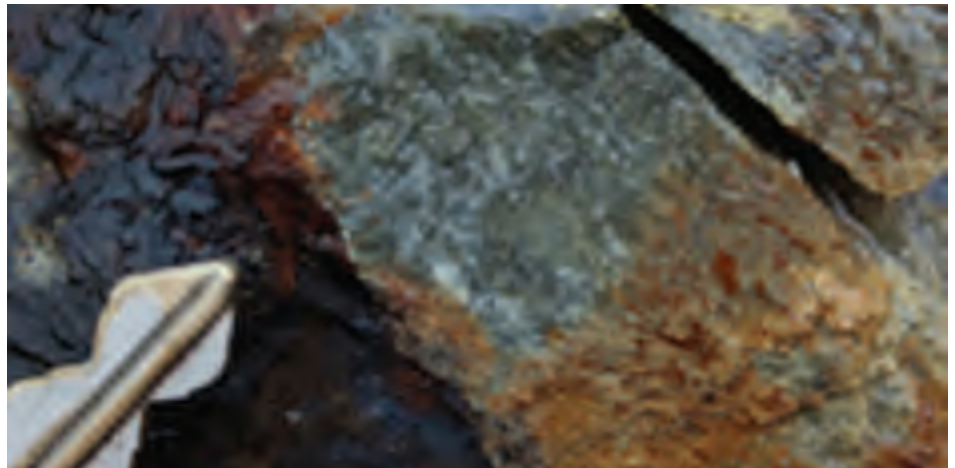
## **Cleaning up an old mine**

Finding mineralization, proving a resource and bringing a property into production is no easy undertaking. Bringing an old mining property back to life has the advantage of the history of mineralization.

However, there is an inheritance in the form of environmental leftovers that comes

## **Pro-environment action**

For a company like Granada, with a corporate mission to bring previous mine sites back to life, the very act of going in to old sites like the old Granada gold mine is pro-environment by nature since any inherited environmental hazards encountered will be dealt with in a timely fashion. Aside from job creation, increased regional prosperity, economic growth and increasing the tax base, environmental



*Visible gold in recent rock samples at the Granada Mine*

with it. This bestows a responsibility onto the incoming company to clean up any existing environmental hazards, an act of responsible corporate citizenship as well as a community public service.

Property cleanup is often overshadowed by all the other activities taking place on the ground. Investors are much more interested in drill results, resource estimates and potential profits.

stewardship also benefits the entire community in a number of ways.

Management is out front in this regard, going beyond a singular focus on mineralization potential by taking an all-encompassing, community-based, environmental-centric approach to ensure the lands at the Granada Gold Project are taken care of during operations but also left better than ever once operations have concluded.



**A NEW  
ERA**

# **GGM**

# **GRANADA**

## **GOLD MINE**



- ✓ ***Focused on maximizing shareholder value***
- ✓ ***High-grade rolling production start and resource expansion program planned for 2017***
- ✓ ***Granada Project will deliver long-term economic and social benefits to all stakeholders***

**Granada Gold Mine Inc.**

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**TSX-V: GGM**

**GranadaGoldMine.com**

# Focus Graphite:

## *Two Québec Graphite Mining Properties to Meet the Technology Demands of a Low Carbon Economy*

*By Gary Economo*

Focus Graphite Inc. remains one of the most advanced junior graphite mining development companies in North America.

Our flagship Lac Knife high purity graphite deposit near Fermont, Quebec is now joined with our Lac Tétépisca Project located in the Côte-Nord district as potential future suppliers of in-demand, next generation high-value technology materials for the burgeoning low carbon economy.

Progress in today's world commodity markets is a challenge for any junior mining company.

But challenging times invite developers to look at the advantages they hold to transition out of the old and into the new sustainable world of carbon-negative economies.

Focus Graphite is blessed with those natural, geographic, scientific and corporate advantages that leave us well positioned strategically to meet the realities of today's clean technology world.

On January 24, 2017, we announced a 26% increase in measured and indicated mineral resources at Lac Knife flake graphite project. It means that we increased actual tonnage from 9.6 million tonnes of graphitic carbon to 12.1 million tonnes following a technical review by AGP Mining Consultants Inc.

Earlier in January, we reported drilling results from our Lac Tétépisca project indicating 102.1 meters of graphitic carbon with an average grade of 10.7% - including 30.2 meters of graphite grading at 16.7% from both infill and extension drilling.

On February 1, 2017, we published metallurgical data from locked cycle floatation testing that showed Lac Tétépisca high-grade attributes achieving 96.2% purity from first stage milled concentrate.

These results indicate Lac Tétépisca is well on its way to becoming the Company's second significant graphite asset.

The significance of the combination of these results is that they strengthen Focus Graphite's commitment to fulfilling two graphite supply agreements with Grafoid Inc.

Some two-thirds of Lac Knife's future production is committed to Grafoid in two definitive, long-term offtake agreements. They are:

Our Graphene Offtake that commits Grafoid to acquire, at its discretion, up to an annual maximum of 1,000 tonnes of high-purity (98.3%) large flake graphite concentrate annually for 10 years. Our Polymer Offtake commits Grafoid to acquire, at its discretion, up to 25,000 tonnes of concentrate grade annually from the Lac Knife Project for 10 years.

Looking ahead, Lac Tétépisca holds the potential to meet our future supply obligations for graphite-based polymers for the automotive and other industries, whereas Lac Knife's high purity concentrate production is planned for clean technology, renewable energy markets that require high quality coated spherical graphite.

In terms of value, our intent is to commence work on a Preliminary Economic Estimate for Lac Tétépisca early this year, as well as revising our Lac Knife PEA to include economic projections and potential market

valuations of our highly purified technology graphite products including coated spherical graphite and expanded graphite for both battery anodes and cathodes respectively.

### **Focus as a leading graphite producer**

Lac Knife's high-grade, high-purity graphite deposit enables Focus to project it holds one of the lowest costs of production. Five successive publications of data support the unique, superior qualities of the Lac Knife natural flake graphite deposit.

On May 27, 2014, Focus published results showing our ability to tailor spherical coated graphite anode materials to the most stringent of customer specifications

On November 25, 2015, the Company reported "zero loss" in long-term anode testing

On February 26, 2015, Focus reported that Lac Knife graphite outperformed both synthetic and commercially available flake graphite in battery tests

On March 31, 2016, that its expanded graphite for CATHODES exhibited twice the conductivity versus both synthetic and





competing sources of natural graphite, and;

On August 8, 2016, the Company announced its in-house developed technology had successfully purified fine flake graphite from 95% to 99.99% purity – a first in the industry.

### **A critical materials platform**

Our technology-oriented business focus aims to capture markets from its participation in the novel, green technology consortium 2GLPlatform – a partnership with Stria Lithium, the owner of the Pontax spodumene property in the James Bay region and Grafoid Inc., a world-leading graphene application developer in a unique clean technology alliance. ([www.2glplatform.com](http://www.2glplatform.com))

Focus now holds the in-house developed proprietary technologies for value added graphite products; holds a leading investment position in graphene-related application developments, and; is partnered with the developer of advanced, affordable lithium production technologies.

2GL Platform – with roots in Quebec - was informally established to capture opportunities created by the emerging clean technology revolution.

Our technology vision has steered us through market ups-and-downs during the last six years and, more to the point, through the maturation of business opportunities it has fostered for the emerging low-carbon economy.

Our strategic plan established five guiding principles that shaped our overall development.

They are: to become a leading graphite producer; to play a central role in a critical materials platform; to become a global player; to be able to weather commodity downturns, and; to present investors with a viable, long-term investment opportunity

These five principles have become the centerpiece of Focus's corporate resume.

### **To be a global player**

Strategic partnering is essential if we are to successfully compete on the global stage.

Focus' aim is to secure commercial relationships with the world's two key industrial players - the United States and China. Combined, they account for some 25% of the green economy. We consider the U.S. to be our home market while we consider China to be the key that unlocks our global expansionary goals.

To succeed, Focus brings product and expertise and combines it with a strategic partner's financial resources and market knowledge thus enabling Focus to penetrate foreign markets. Our partner gains access to Focus' technology.

Diversity in technology markets is the Company's firewall against fluctuating commodity cycles. Corporate planning has led to the development of multiple markets for Focus' value-added products and we have invested in future technologies as a ways and means of de-risking all facets of the company's operations.

### **Provide investors with a long-term investment opportunity**

The ability to purify fine flake graphite expands the company's potential to sell substantially most of the graphite extracted from Lac Knife into high-value, high-tech applications instead of approximately 30 percent being sold for lower value industrial applications. And, Focus holds an equity interest in Grafoid

Next generation low carbon economies are critical for a cleaner planet.

We believe our efforts in developing our Quebec-based resources and technology facilities in the Cote Nord region will bring mining diversity, sustainable value-added production and create jobs within the Plan Nord framework.

*Gary Economo is President and CEO of Focus Graphite Inc.*



Focus Graphite's Lac Knife, Quebec high-purity flake project is moving towards production from one of the highest technology grade graphite resources in the world.

### **As a good corporate citizen, we understand that:**

The land we exploit is not our own. We have both a moral obligation to protect our environment and a social responsibility to provide jobs, source locally and to be a full-time participant in our community's affairs.

**Gary Economo**  
Chief Executive Officer  
Focus Graphite Inc.





# *New Thinking about Old Values*

Margaux Resources Ltd. is bringing new ideas to historical mining locations in the Kootenay Arc area in southern British Columbia. This geologically complex area is tucked between Nelson, Salmo and Creston at the interface of three tectonic domains: the Priest River Complex, the Kootenay Arc and the Purcell Anticlinorium.

A word easily associated with the area that Margaux is focusing on is diversity. We often refer to diversity when speaking about animal species but in the Kootenay Arc, especially in the Salmo River watershed where Margaux Resources has established a home, the variety of metals are also extremely diverse. Indeed, Margaux is focusing attention on the historic Emerald-Jersey, once the second largest lead-zinc mine in British Columbia and the second largest tungsten mine in North America. Using today's assessment tools, lead and zinc continue to reveal well. Additionally, it shows high-grade gold discovery at 24.98 g/t over 10.2 meters.

The Salmo River watershed, formerly the Salmon River watershed ('sea run' Salmon were extirpated from the Salmon River in the late 1930's when the U.S. built the Grand Coolidge Dam), first came to the attention of the mining sector in the 1880's. That's when the Hall Bros. from the Coleville Reserve found a remarkable silver, gold and copper deposit on Toad Mountain just south of Nelson. It became the Silver King Mine.

Thousands of people came to find their fortune. Within a few years the Salmo(n) River Watershed supported over 600 active mining operations, 11 stamp mills and one of the largest, generally unknown, gold/mineral rush's in North America.

These operations continued on and off until the 1970's when the Emerald-Jersey took another time out in its' continuing

contribution to mining history. What literally started out as a dream from a few fellows with the knees ripped out of their pants: fellows like J. Waldbesen and William Feeney moved into an important strategic asset for the war effort in 1942 when the Canadian Government bought and operated the mine through the Wartime Metals Corporation. Tungsten is a rare and necessary contributor for switching mechanisms, as a hardener for protection or penetration of something, and as a cutting edge.

The Emerald-Jersey has a 'blue-blood' lineage, from humble beginnings to the 'Wartime Metals Corporation moving on to Canadian Explorations Ltd to Placer Dome, to and now to Margaux Resources Ltd.

## **What's there now, What's next.**

During 2014, Margaux Resources Ltd. conducted a two-phase drilling program on the East Emerald target area that produced 6,318.6 metres of core over 35 drill holes (Assessment Report 35243). Drilling confirmed and expanded on historic tungsten reports. The tungsten-bearing zones consist of several mostly parallel skarn bands in argillite or limestone beds that dip moderately to the east. Assessment Report 35,243 reports mostly on work completed in 2014, and also includes indicated and inferred resource grades from 2008 for the East Emerald and Emerald Mine areas. An indicated resource of 256,000 tonnes grading 0.19 per cent WO<sub>3</sub> and an inferred resource of 1,122,000 tonnes grading 0.28 per cent WO<sub>3</sub> are reported. An additional drilling program was carried out in late 2016.

## **New Ideas, New Approaches: RARR:**

Historically, there were over 600 operating

claims in the Salmo(n) River watershed. There is a legacy to the wealth that that activity carries with it. As the story goes... In 1999 the Salmo Watershed Streamkeepers Society (SWSS) a skilled and motivated stream stewardship group was concerned about Bull Trout, a blue-listed species of concern. A Radio Telemetry Study was funded to help locate spawning and overwintering habitat; hoping this identification could lead to the protection of this vulnerable cold water species.

Radio Telemetry requires the capture of adult Bull Trout and surgically implanting radio tags to facilitate tracking. Tracking occurs from shore mounted 'fixed stations' and helicopter surveys. On the first helicopter tracking event SWSS noticed a riverside mine tailing, then another and another. Over forty tailings sites were identified in the watershed. Typical of SWSS they saw the opportunity to 'double end' the science-based telemetry work and the beginning of a restoration activity – working to take mine tailings out of the pollution stream. That led to a report titled Inventory of Mine Tailings Piles and Ponds in the Salmo Watershed, outlining a brief history of mining in the Salmo(n) River and how these waste sites came about. The book was matter of fact and carried a no blame approach. What the SWSS wanted was to build partnerships to remove these tailings from the pollution stream. They mapped and prioritized tailings for clean-up and started to build community-based, government and industry partners to move remediation forward.

A long drawn out procedure began. SWSS focused on partnership and community capacity building and successfully advocated for remediation of the 'Yankee Girl'



contaminated waste site that sat on the shores of the River across from the small town of Ymir. A lot was learned from this activity, long story short, the SWSS felt that there may be more beneficial action oriented cost effective ways to deal with these waste sites, some of which were severely contaminated. RARR is born!

RARR is a Rapid Assessment and Rapid Remediation Approach. The process has four main steps (see Figure 1):

1. Identification of an abandoned mine tailing site and its site characteristics,
2. Assessment of the site's geographical, mineralogical, biological, and chemical components,
3. Analyzing assessment results; and
4. Remediating the tailings with the appropriate, selected pathway(s).

Creative Partnering: Margaux Resources Ltd. Meets SWSS.

There has been a long lineage of relationship building with Margaux and SWSS culminating in an agreement to share value and build the ethic around an approach that wishes to access the value within historical tailings and rapidly, safely remove tailings from the pollution stream. A true case of industry working as partners for the stewardship of sensitive places and species while demonstrating care for the 'Place Where We Live.'



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Richmont Mines is an established Canadian gold producer specialized in the exploration and development of underground gold deposits. Founded in 1981 in Rouyn-Noranda, Quebec, Richmont is a publicly traded company and has produced over 1,700,000 ounces of gold from seven underground mines in central and eastern Canada.

Richmont currently operates two gold mines including the cornerstone Island Gold Mine in northern Ontario and the Beaufor Mine in Quebec.

#### Island Gold Mine, Ontario

The Island Gold Mine is located 83 km northeast of Wawa and 17km southeast of Dubreuilville, Ontario. In 2016, the Island Gold Mine produced over 83,000 ounces of gold, and is targeting up to 93,000 ounces in 2017. Richmont is encouraged by the success of Island Gold exploration program, which continues to demonstrate the significant potential to further grow the mineral resource and increase the production life of our cornerstone mine.

#### Beaufor Mine and Camflo Mill, Québec

Located near Val d'Or in northwestern Québec, the Beaufor Mine has been in production since 1996 and remains an important asset in Richmont's portfolio. The Camflo Mill is located approximately 49 km from the Beaufor Mine.

#### Responsibility

##### *It's all about People*

At Richmont, Responsible Mining defines the manner in which we conduct all aspects of operations at our mines. Our commitment to doing the right thing transcends throughout the company and also applies to all contractors and suppliers. Richmont is continuously striving to minimize and mitigate the social and environmental effects

of our activities, and is committed to building, operating, and closing our mines in a safe and responsible manner. To accomplish this, high priority is placed on developing long-term and mutually-beneficial relationships with our employees, municipalities, and communities including Aboriginal people.

At the heart of Richmont's commitment to responsibility, integrity and accountability are our four primary values of Family, Health and Safety, Growth and Team Work.

#### Health and Safety

Richmont is striving for a zero-incident work environment with a safety culture based on teamwork and leadership. Health and Safety of employees is of paramount importance at Richmont mines and offices. The work environment provides, promotes, and rewards a culture of safe practices and standards, with close monitoring of evolving best-practices. Over the past two years, the total accident frequency has reduced by 42%,

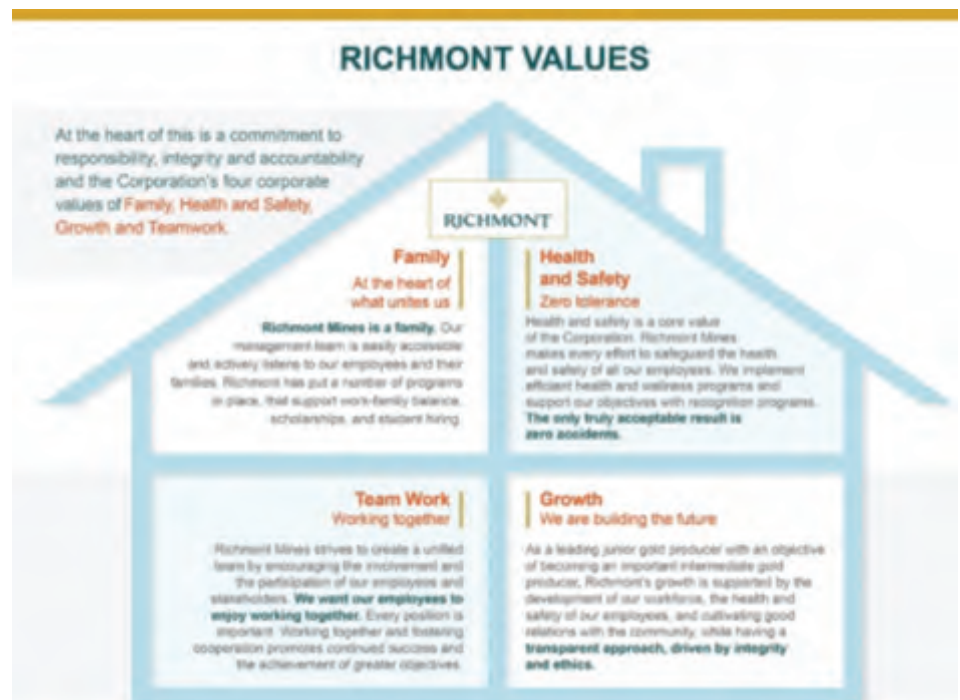
and there have been zero lost time incidents at Island Gold mine in more than six years.

#### Communities

Richmont's business and continued success depends on partnerships with governments, communities, suppliers, and employees. We strive continuously to engage all stakeholders in an open, transparent manner, by communicating in an honest and timely fashion, as well as actively listening and responding to our stakeholders' feedback and concerns.

Meetings and site visits are held with members of our local communities, local and regional governments, and other interested stakeholders. We also actively engage with non-community stakeholders (including our shareholders, and sustainable development research groups) through meetings and participation in stakeholder initiatives, and associated industry associations.

Responsible mining and development must also take into account Aboriginal interests







and their traditional and current uses of lands and resources. Richmond continuously strives to develop strong, mutually beneficial relationships with the Aboriginal communities near our mines with ongoing open engagement and involvement by concerned Aboriginal communities.

Richmont gives preference to hiring locally and using local suppliers and services. The number of local employees has increased steadily throughout 2016. Richmond currently employs 302 persons and 252 contractors at our Island Gold Mine.

Approximately 59% of employees are hired directly from the local communities of Dubreuilville, White River and Wawa; and neighbouring Aboriginal communities of Michipicoten and Missanabie Cree First Nations.

#### Environment

Richmont's goal is to prevent pollution, safeguard the environment, educate our employees and communities about our environmental programs/commitments, and apply best management practices to prevent

or mitigate any potential environmental impacts.

Richmont operations and offices use a range of materials and consumables, which are managed to promote efficiency, reduce waste and recycle or reuse wherever environmentally practical. Continuous improvement programs at all operations help identify additional opportunities for increasing efficiency in the use of these materials. Programs are in place at all operations to ensure management and disposal of waste and by-products are compliant with all permits and local, provincial and federal regulations and standards.

#### Security

Richmont is cognizant of the need for an effective security program, which is in place to ensure protection of our people, products, and assets, which contributes to the safety and protection of employees as well as the communities in which we operate.

For more information, visit the company's website at [www.richmont-mines.com](http://www.richmont-mines.com).



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Adriana is currently focused on the advancement of its Lac Otnuk iron ore deposit located in the Labrador Trough, Nunavik, Québec, the largest iron ore deposit in Canada with the potential of becoming the largest in the world.

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